

A HANDY REFERENCE FOR YOUR INFORMATION BUSINESS DIRECTORY

EAST SAC COUNTY SCHOOLS
 Superintendent—Lake View 665-5000
 PS-4 Principal—Sac City 662-7200
 5-8 Principal—Sac City 662-3259
 9-12 Principal—Lake View 665-5001

CITY OF LAKE VIEW
 www.lifestyle.com
 City Clerk—657-2634
 Fire Department—911
 Police—657-2513
 Ambulance—911

LIBRARY HOURS
 MONDAY: 10 a.m. to Noon & 1 to 7 p.m.
 TUESDAY-THURSDAY-FRIDAY: 1 to 7 p.m.
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 lakeviewresort@netins.net

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 712-665-8588

Lake View Family Chiropractic Clinic
OFFICE HOURS
 Monday-Wednesday-Thursday-Friday:
 9 a.m. to 7 p.m.
 Tuesday: 9 a.m. to Noon
 Julie Clayton, D.C.
 517 Third Street., Lake View — 712-657-2225

LAKE VIEW VETERINARY SERVICES
 1181 9th St. Lake View, IA 51450
 p 712.665.8553 | f 712.665.2245
 lvvet@netins.net | lvvet.net
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 Sat: 8a-10a
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Judisch Vision Clinic
 Jon P. Judisch, O.D.
 1160-3rd Street
 Lake View, IA 51450 Telephone 712-665-3304
 Lake View office hours are:
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 8:00 a.m. to 4:30 p.m.
 for appointments with Dr. Judisch, adjustments and dispensing glasses
 The Lake City office is available for these services Monday through Friday
 Please call 712-464-3136

SPEED'S AUTO SUPPLY
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 Wall Lake, IA 51466
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Wall Lake Chiropractic Center
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OFFICE HOURS
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SHRINE BOWL MEDIA DAY—East Sac County Raiders' cheerleaders Paris McCrea (left) and Jillian Pope (right) attended the Shrine Bowl Media Day on March 10 in Sioux City. They had the opportunity to meet other participants in this year's Shrine Bowl, scheduled for July 26 at the UNI-Dome in Cedar Falls. The cheerleaders will be working hard to raise money for Shriners Children's Hospitals, contacting local businesses and organizations for their support.
 Photo courtesy of Lindsey Pope.

ESC track at IATC Indoor Championships

The East Sac County Raiders had some success at the Iowa Track Coaches Indoor Championships in Ames on March 13, placing in the top 10 in five events.
 Leading was the girls' shuttle hurdle team with a 3rd place finish. Haley Jo King, Libbie Veit, Madison Meister and Wendie Veit ran the race in 0:41.11.
 Wendie Veit sped to a 5th place finish in the girls' 400 meters, finishing in 1:01.70. She also took 9th in the long jump, with a best leap of 15' 7.25".
 Libbie Veit took 9th in the 100 meter hurdles with a time of 0:10.12. Madison Meister was 38th in 0:11.80.
 Miranda Gerdes threw the shot put 32' 2", good for 11th place.
 As a team, the girls scored 10 team points, good for 17th.
 For the boys' Riley Aragon took 9th in the 3,200 meter run, with a time of 10:28.57. Landon Sporrer was 15th in that race, at 10:54.93.
 Owen Engel ran the 1,600 meter run, finishing 19th in 5:09.90.



STATE YOUTH WRESTLING—ESC Raiders Wrestling Club place winners at the recently completed State Wrestling are pictured (from left): Kelsey Blower, 7th at 140 lbs.; Charlie Kischer, 6th at 57 lbs.; Brooks Maddix, 5th at 86 lbs.; Benson Feauto, 4th at 54 lbs.; and Lincoln Meyer, 7th at 80 lbs. (Not pictured) are: **AAU State qualifiers from the Raiders Wrestling Club:** Charlie Aschinger A78; Bentlee Hemer B70; Brooks Maddix B86; Kole Erpelding B103; Cecil Wieck, B120; Harrison Roth C75; Derek Roland C100. **Pee Wee State qualifiers:** Mason Bumsted; Lincoln DeLance; Benson Feauto; Lincoln Meyer; Harrison Williams. **Girls State qualifiers:** Saylor Bills; Kelsey Bloyer; Charlie Kischer; Gracie Kischer; and Aubrey Renze.

HOLY WEEK CHURCH SERVICES

EMMANUEL LUTHERAN, Lake View: Maundy Thursday service at 7 p.m.; Good Friday service at 7 p.m.; and Easter Sunday worship services at 7 a.m. and 10 a.m.
FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST, Lake View: Good Friday service at 6 p.m.; and Easter Sunday service at 10 a.m.
LAKES UNITED METHODIST, Lake View: Maundy Thursday service at 7 p.m.; Easter Sunday sunrise service at stone pier (weather permitting, bring lawn chairs) at 6:30 a.m. with breakfast to follow at the church; and Easter Sunday service at 11 a.m. If inclement weather, sunrise service will be at Lakes United Methodist Church.
PEACE LUTHERAN, Wall Lake: Maundy Thursday service at 7 p.m.; Good Friday service at 7 p.m.; Easter Sunday sunrise service at 7 a.m.; Easter Festival service at 9:30 a.m.
TRINITY PRESBYTERIAN, Wall Lake: Maundy Thursday service with Holy Communion at 7 p.m.; and **WHEATLAND PRESBYTERIAN, rural Breda:** Easter Worship at 10 a.m.
ST. JOSEPH CATHOLIC, Wall Lake: Good Friday service at 1 p.m.; Holy Saturday Easter Vigil at 7:45 p.m.; and Easter Sunday service at 8:30 a.m.
ST. MARY CATHOLIC, Sac City: Maundy Thursday service at 7 p.m.; Good Friday service at noon; and Easter Sunday service at 10:30 a.m.
FAITH BIBLE, Sac City: Good Friday service, 7 p.m.; and Easter Sunday service at 10 a.m.
ST. PETER LUTHERAN, rural Sac City: Maundy Thursday service at 7 p.m.; Good Friday service at 7 p.m.; Easter Sunday service at 8:30 a.m.
ZION LUTHERAN, Auburn: Easter Sunday service at 10:30 a.m.
FAITH LUTHERAN, Early: Easter Sunday sunrise service at 7 a.m.
UNITED METHODIST, Early: Easter Sunday service at 9:45 a.m.
SILVER CREEK UNITED METHODIST, Galva: Easter Sunday service at 8:30 a.m.
ST. PAUL LUTHERAN, Sac City: Maundy Thursday service, 6:30 p.m.; Good Friday service, 6:30 p.m.; Holy Saturday Easter Vigil, 6:30 p.m.; Easter Sunday sunrise service at 7 a.m.; food and fellowship between services; Easter Sunday service, 9 a.m.
FIRST CHRISTIAN, Sac City: Maundy Thursday, dinner & service, 6 p.m.; Easter Sunday service at 10 a.m.

Application for All-Star Community Awards is approved by Lake View City Council

Continued from p. 1
 on originality, cost-effectiveness, use of inter-government collaboration and innovation.
 All projects that don't win the award for their population division will then be entered into the "People's All-Star Community - Facebook "Like" Competition." This is a bracket-style tournament for public "Liking" (voting). Photos and captions submitted with the entry form will be posted on the League's Facebook page, and photos/captions with the most Likes will move to the next round. The one winner of the People's All-Star tournament will be announced at the League's Annual Conference & Exhibit, featured in the League magazine, *Cityscape*, and brought to the attention of local media. All entries will be featured on the League's Web site.
 Mueggenberg will have the application for the award submitted by the April 6 deadline.
 The winners will be announced by the end of May 2026. The All-Star Community Award winners and the People's All-Star winner will receive an attractive, stand-alone, star-shaped award suitable for display in city hall. Each winning project will be recognized at the League's 2026 Annual Conference & Exhibit, featured in the League magazine, *Cityscape*, and brought to the attention of local media. All entries will be featured on the League's Web site.
 Mueggenberg will have the application for the award submitted by the April 6 deadline.

Loring Hospital opens mental health program for older adults

Loring Hospital in Sac City has partnered with Senior Life Solutions to help older adults who are experiencing symptoms of depression, anxiety, or other mental challenges often associated with aging. The new Senior Life Solutions program is located at Loring Hospital in Sac City.
 Senior Life Solutions provides outpatient services designed to meet the unique needs of individuals (typically 65 and older) who could benefit from coping and communication skills to improve their mental health. The program offers group and individual therapy, psychiatric evaluation, and medication management. The Senior Life Solutions team includes a board-certified psychiatrist, licensed therapists, a registered nurse, and other professionals dedicated to the emotional well-being of the older adults in our community.
 "We are thrilled to expand Loring Hospital's services and provide more comprehensive care to older adults in our community," said Matt Johnson, CEO of Loring Hospital. "This partnership is another step in our continued commitment to meeting the needs of the community. The Senior Life Solutions program provides evidence and outcomes-based treatment proven to significantly improve the mental health of older adults."
 Individuals may benefit from Loring Hospital's Senior Life Solutions program if they are experiencing any of the following common indicators or triggers of depression and anxiety:
 • Anxiety
 • Changes in appetite
 • Depression
 • Difficulty sleeping
 • Feelings of sadness or grief lasting more than two weeks
 • Feelings of worthlessness or hopelessness
 • Lost a spouse or close family member
 • Loss of energy
 • Loss of interest in previously enjoyed activities
 • Recently experienced a traumatic event
 Following an individual assessment, participants meet up to three times per week in a supportive, encouraging group setting. Individual therapy sessions are also offered, along with medication management and regular check-ins. The program also offers teletherapy services, allowing patients to get the mental health support they need from the comfort of their homes using a telephone, computer, or tablet device.
 Anyone can refer a patient to the program, including a healthcare professional, family member, or friend. For more information, call Loring Hospital's Senior Life Solutions program at 712-662-6435.