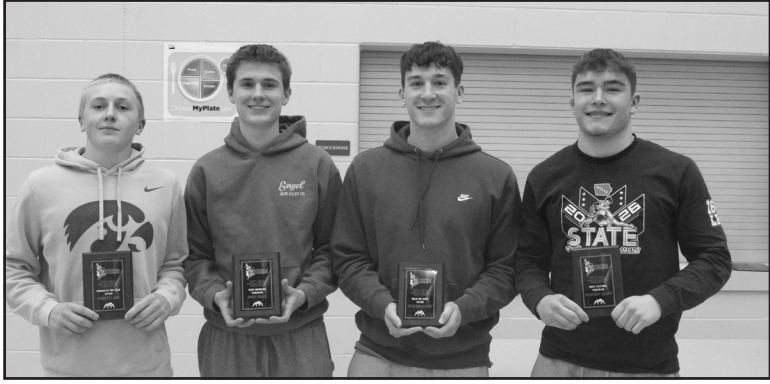




# East Sac County

# RAIDER REVIEW



### ESC Wrestling Awards Banquet

East Sac County Wrestling held their Awards Banquet last week. Team awards: Rookie of the Year - Emmett Lahr; Most Improved - Owen Engel; Hold the Rope Award - Seth Donelson; Most Valuable Wrestler - Dawson Allen.



First year letter winners for the Raiders: (left to right) Emmett Lahr, Owen Engel and Nathaniel Gomez.



Second year letter winners were: (left to right) Dawson Allen, Evan Brockman, Cal McCollough, Seth Donelson, and Mike Manzer.



State qualifiers for the Raiders this year: Dawson Allen (left) and Cal McCollough (right).



Earning Participation Certificates this year: (left to right) David King, Mike King, Aiden Riedell, Max Meister.



### AAU Raider Wrestling Club Winners

Raiders Wrestling Club place winners at the recently completed State Wrestling, pictured above, from left: Kelsey Blower, 7th at 140 lbs.; Charlie Kischer, 6th at 57 lbs.; Brooks Maddix, 5th at 86 lbs.; Benson Feauto, 4th at 54 lbs.; and Lincoln Meyer, 7th at 80 lbs.

Pee Wee State qualifiers were Mason Bumsted; Lincoln DeLance; Benson Feauto; Lincoln Meyer; Harrison Williams. (no photo)

Girls State qualifiers were Saylor Bills; Kelsey Bloyer; Charlie Kischer; Gracie Kischer; and Aubrey Renze. (no photo)



Dawson Allen received a 2025-26 Academic All State Honorable Mention certificate from the Iowa Wrestling Coaches and Officials Association.



Tammy Smith received a plaque from the East Sac County Wrestling Program as this year's Friend of the Program.

### Iowa Track Coaches Indoor Championships



The shuttle hurdle team took 3rd place. Libbie Veit and Wendie Veit are in the front row, Haley Jo King and Madison Meister in the 2nd row.

photos submitted

## Track

The East Sac County Raiders had some success at the Iowa Track Coaches Indoor Championships in Ames on March 13, placing in the top 10 in five events.

Leading the was the girls' shuttle hurdle team with a 3rd place finish. Haley Jo King, Libbie Veit, Madison Meister and Wendie Veit ran the race in 0:41.11.

Wendie Veit sped to a 5th place finish in the girls' 400 meters, finishing in 1:01.70. She also took 9th in the long jump, with a best leap of 15' 7.25".

Libbie Veit took 9th in the 100 meter hurdles with a time of 0:10.12. Madison Meister was 38th in 0:11.80.

Miranda Gerdes threw the shot put 32' 2", good for 11th place.

As a team, the girls scored 10 team points, good for 17th.



Wendie Veit took the 5th place spot for the 400 meter dash.

For the boys' Riley Aragon took 9th in the 3,200 meter run, with a time of 10:28.57. Landon Sporrer was 15th in that race, at 10:54.93.

Owen Engel ran the 1,600 meter run, finishing 19th in 5:09.90.

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