

OPINION

Try to be grateful for all the busy parts in your life

Have you ever just stopped everything you were doing and stared in silence at the very thought of having to do one more thing? That was me a couple weeks ago. But, as I sat there, I gave myself permission to think small — to sit in the silence and reflect on what I had already accomplished that week, or even that day. And then, I became grateful.

I suddenly shifted my mindset from feeling burdened by my busy schedule to feeling blessed simply to be busy.

My job allows me to connect with many people and over time, I build relationships with members of this community as well as those I have the privilege to work with in Alcester, SD, Hudson, SD, Rock Valley, Ire-

KATIE'S CORNER

KATIE ANDERSON



ton, Akron-Westfield, Sheldon and several other N'West Iowa towns. Each community is unique in how it does things, and it takes time to learn. I still have a long way to go in that regard — especially when it comes to the sales side of my job.

But honestly, that's the best part: there's room for growth. That overwhelmed feeling I couldn't shake

a few weeks ago led me to think about how far I've come and how I've helped many people and small businesses find creative ways to represent themselves through advertising.

Then, there is no doubt that the editorial side of my job is thrilling. I find joy in writing stories that engage readers and I truly love interviewing people about their accomplishments. Everyone has a story, I am blessed to be able to write some people's for all to read.

I can almost guarantee that as you are reading this, there are many that can relate to feeling overwhelmed by how busy life gets and wondering how fast this year has flown by.

If you can relate, my challenge to you is to simply sit in it. Allow yourself to feel it all. More often than not, you'll find blessings hid-

den among the busy parts of your life.

As I celebrate seven years with the company — and 11 years at the paper — I can't help but think about how unexpected life's paths can be. I started my career as a beauty school graduate, spending 16 years in long-term healthcare before finding my way into journalism. Yet, here I am, loving this work more than I ever could have imagined, even on the busiest of days.

Go forward, carry on and remember to give yourself grace. Feel all the things — because we all need that reminder sometimes.

Katie Anderson is a staff writer at Hawarden Independent/Ireton Examiner. She may be reached at kanderson@nwestiowa.com.

SENIOR CENTER MENU

Please call Cindy Gosch at the Hawarden Senior Center at 712-551-1358 by noon of the previous business day. Meals can be for dine in Monday-Wednesday starting at 11:30 a.m. Carryout also is available. Due to funding cuts, there will no longer be Thursday meals.

- Monday, Oct. 27** — Chili dog, chips, vegetables, fruit.
Tuesday, Oct. 28 — Bean and ham soup, fruit, dessert.
Wednesday, Oct. 29 — Cheese burger, potato wedges, vegetables, fruit.

FOR THE RECORD

Hawarden man charged for OWI

A 37-year-old Hawarden man was arrested about 4 a.m. Saturday, Oct. 18, near Maurice on charges of first-offense operating while under the influence and no valid driver's license.

The arrest of Francisco Gerardo Lopez-Siles stemmed from a report of an erratic driver who was possibly drunk, last seen traveling east on Highway 10 from the Highway 75 intersection about two miles north of Maurice, according to the Sioux County Sheriff's Office. A deputy spotted the described 2019 Chevrolet Camaro heading west on Highway 10 from Harrison Avenue about a mile east of the highway 10/75 intersection.

The Camaro was failing to maintain its lane and twice swerved off the highway and was stopped at the highway 10/75 intersection.

Lopez-Siles had bloodshot/watery eyes, impaired balance, slurred speech and the odor of an alcoholic beverage and failed field sobriety tests.

He said he had six beers around 11 p.m. Friday, Oct.

17.

Two hurt in collision northeast of Ireton

Two people received possible injuries in a two-vehicle collision about 1:45 p.m. Tuesday, Oct. 14, on Highway 10, five miles northeast of Ireton.

Seventy-six-year-old Harlan Dale Lammers of rural Maurice was driving west when he attempted to turn around in the middle of the highway during rainy conditions, and his 2016 GMC Terrain was struck by a 2001 Dodge Ram 1500 pickup driven by 19-year-old Dillon James Lyman of Ireton, according to the Sioux County Sheriff's Office.

Lyman and Lammers were evaluated for possible injuries and declined further medical treatment.

Lammers was cited improper use of lanes and failure to provide proof of vehicle liability insurance. Lyman also was cited for failure to provide proof of vehicle liability insurance.

The Lammers vehicle received an estimated \$12,000 in damage. The Lyman vehicle received an estimated \$5,000 damage.

SMALL CLAIMS

Shelly R. Pies, Hawarden, defendant, in favor of Accounts Management, Inc., plaintiff, in the amount of \$1,881.13, plus interest and court costs.

NEW LAWSUITS

Marlene Weyer a/k/a Marlene Schiefen, Sioux County; Unknown spouse, if any of Marlene Weyer; parties in possession; defendants, vs. U.S. Bank National Association, plaintiff. Plaintiff prays that the mortgage be declared a first and prior lien on the property, superior, and paramount to the interest, liens, and claims of each

and all defendants, including all protective advancements made by the Plaintiff for property preservation and other costs between the time of the decree and the time of the Sheriff's sale. Plaintiff prays that the mortgage be foreclosed. Plaintiff prays for such other and further relief as may be just and equitable in the premises.

Mark A. Sandbulte, Sioux County, defendant, vs. Credit Acceptance Corporation, plaintiff. Plaintiff prays for judgment against defendants in the amount of \$8,766.00, plus interest, the costs of this action, post-judgment interest at the current statutory rate, and for any other relief as the

court deems just and equitable in the circumstances.

DISTRICT COURT

Joan A. Topete Camacho, Hawarden, driving while barred.

Michael D. Burkard, Hawarden, first-offense operating while under the influence.

Richard M. Hardy, Hawarden, second-offense operating while under the influence; driving while license denied or revoked.

MAGISTRATE

Guadalupe I. Gonzalez Patino, Ireton, driving while license under suspension; speeding.

Jose R. Topete, Hawarden, driving while license denied, suspended, or canceled.

Alyssa J. Peterson, Hawarden, speeding.

Blake W. Riepma, Ireton, failure to change lane upon approach of stationary vehicle.

Yaris Tinoco Siles, Hawarden, no valid driver's license.

Jose R. Topete, Hawarden, dark window or windshield.

Dulce G. Ramon Ontiveros, Ireton, speeding.

Jacob D. Kamp, Hawarden, seat belt.

Bety Fajardo, Hawarden, no valid driver's license.

Joan A. Topete Camacho, Hawarden, first-offense purchase alcohol by person 18/19/20.

FOR THE RECORD

BRIEFLY

Students urged to join app challenge

U.S. Rep. Randy Feenstra (R-Iowa) invites middle and high school students across the 4th Congressional District to participate in the 2025 Congressional App Challenge. The annual competition allows students to compete with peers by creating and exhibiting their software application for the platform of their choice. Students may compete as individuals or in teams of up to four. Register online by Oct. 30, at www.congressionalappchallenge.us/students/student-registration/. The winning app will be announced in December. For more information, contact Feenstra's regional director, Abby Vander Werf, at Abby.vanderwerf@mail.house.gov or

712-422-2696.

Daylight Savings ends on Sunday

Daylight Savings Time ends at 2 a.m. Sunday, Nov. 2. It is time to fall back and move your clocks back an hour. Example: 2 a.m. will change to 1 a.m.

Senior program slated for Nov. 18

The Prairie Woods Nature Center will host Senior Environmental Learning and Fellowship (SELF) at 10 a.m., 12:30 p.m. or 2:30 p.m. Tuesday, Nov. 18, at Oak Grove Park near Hawarden. The topic will be Secret Language of Birds. Coffee and treats will be served. Call 712-552-3057 to register.

Wild Child Nature Series on Nov. 19

Sioux County Conservation will host the Wild Child Nature Series 10 a.m. or 1 p.m. Wednesday, Nov. 19, at the Prairie Woods Nature Center at Oak Grove Park near Hawarden. The series is a nature-based experience that will get 2- to 5-year-old children exploring, moving, playing and using their senses. An adult is required to join each child or children. Preregister at www.mycountyparks.com/County/Sioux/Events.aspx.

Senior program slated for Dec. 2

The Prairie Woods Nature Center will host Senior Environmental Learning and Fellowship (SELF) at 10 a.m.,

12:30 p.m. or 2:30 p.m. Tuesday, Dec. 2, at Oak Grove Park near Hawarden. The topic will be SELF Game Day of Secret Language. Coffee and treats will be served. Call 712-552-3057 to register.

Wild Child Nature Series on Dec. 17

Sioux County Conservation will host the Wild Child Nature Series 10 a.m. or 1 p.m. Wednesday, Dec. 17, at the Prairie Woods Nature Center at Oak Grove Park near Hawarden. The series is a nature-based experience that will get 2- to 5-year-old children exploring, moving, playing and using their senses. An adult is required to join each child or children. Preregister at www.mycountyparks.com/County/Sioux/Events.aspx.

SCHOOL MENU

WEST SIOUX

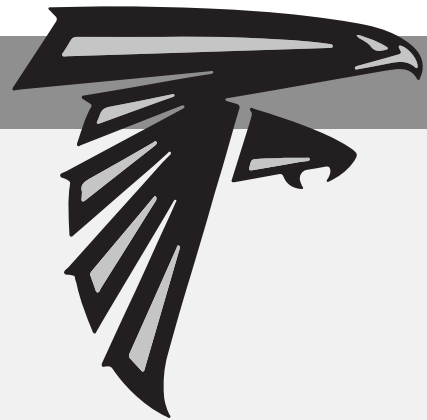
BREAKFAST
Monday, Oct. 27 — Pop Tart, cereal, fruit, juice, milk.
Tuesday, Oct. 28 — Banana muffin, yogurt, fruit, juice, milk.
Wednesday, Oct. 29 — Egg and

cheese omelet, toast, fruit, juice, milk.
Thursday, Oct. 30 — Bagel with cream cheese, yogurt, fruit, juice, milk.
Friday, Oct. 31 — Biscuit and gravy,

fruit, juice, milk.
LUNCH
Monday, Oct. 27 — Orange chicken, rice, broccoli, mandarin oranges, fortune cookie, milk.
Tuesday, Oct. 28 — Cook's Choice

Wednesday, Oct. 29 — Grilled cheese sandwich, ham and potato soup with crackers, fruit cup, milk.
Thursday, Oct. 30 — Philly Sandwich with peppers and onions, fries,

peaches, milk.
Friday, Oct. 31 — Bat Wings, Spooky Spuds with gravy, witches' Teeth, Boonana, milk. (chicken nuggets, mashed potatoes, corn, banana)



FALCON WEEKLY CALENDAR

MONDAY, OCT. 27

7 a.m. Lakeside Lab

TUESDAY, OCT. 28

7 p.m. High School and Middle School Choir Concert

THURSDAY, OCT. 30

No Event

FRIDAY, OCT. 31

10 a.m. State Cross Country Meet

7 p.m. Varsity Football Playoffs Round 2

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INFORMATION
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