

GLENWOOD SIGNINGS



COURTESY PHOTO
Glenwood Community High School senior Allison Koontz has signed a letter-of-intent to play softball next season at Northwestern College in Orange City. Pictured in the front row is Allison along with parents Jim Koontz and Amy Koontz. Back row (from left): Glenwood head softball coach Ellie Roenfeld, James Koontz and Glenwood Assistant Coach Erin Peschel.



COURTESY PHOTO
Glenwood Community High School senior Breckyn Petersen has signed a letter-of-intent to run track and cross country at Central College in Pella. Seated in the front row (from left): Kaden Petersen, Kris Petersen, Breckyn Petersen and Ami Petersen. Standing: Coach Jordan Bueltel, Coach Becky Ruth, Coach Marissa Klint and Coach John Huey.

DNR encourages eager paddlers to wait for warmer temperatures

The weather is starting to feel like spring, but water temperatures are still dangerously cold.

The Iowa Department of Natural Resources (DNR) recommends that paddlers wait for consistent warm weather to allow the water temperatures to rise slowly. It could be several weeks before water temperatures are ideal and safe as water and air temperatures continue to change.

"Air temperatures are warmer than normal this year, but the water is still dangerously cold," said Todd Robertson, Iowa DNR River Programs Water Trails coordinator. "We have not had enough consistently warm days to raise water temperatures adequately. Cold water shock and hypothermia can set in quickly if you fall into the water at current temperatures."

Safety Tips for Paddling in Cold Water Conditions

Always wear a life jacket. Not only does the life jacket help keep your head above water, it helps to keep your organs warmer.

Check your canoe or kayak and gear for any needed repair.

pairs or maintenance after being stored for several months.

Don't paddle alone, especially in cold water, use a buddy system. Go with a small group of paddlers and know which paddler has the most experience.

Let a friend or loved one know where you are going and when you are expected to return. It will be easier to find you if you need help.

Dress for the water temperature, not the air temperature. Plan as if you were to be in the water at some point. A wetsuit or drysuit is a must. Dress in layers so you can peel a layer off if you get overheated.

Bring along a dry bag with extra clothing to change into should you get wet. Get out of wet, cold clothing as soon as possible. Having the right gear and understanding the stages of hypothermia is crucial for remaining safe.

Stay away from strainers, wood/branch piles that can pull a paddler under. These are usually found on outside river bends where the current is going and are deadly hazards that must be avoided.

Consider adding native Iowa seedlings to your yard this spring, summer

The Iowa DNR State Forest Nursery offers spring delivery in April and May for hardwood, conifer and shrub seedlings. Seedlings are sold in three age classifications, and range in size from 10-30 inches depending on the species.

The State Forest Nursery in Ames was established by the Civilian Conservation Corps in the 1930s and has operated continuously ever since. All trees are grown from Iowa seed sources to harvest the bounty of native genetics that have thrived in our soils and weather against disease, insects, droughts and floods for many thousands of years.

Customers can choose to have their order shipped or they can pick it up at the State Forest Nursery in Ames. The bare-root (no container, soil root ball or moss included) seedlings are packaged in bundles of 25 inside sealed and labeled plastic bags.

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