## **HAT'SHAPPENING**

- Main, Cherokee; Sat, 9 a.m., Crossroads Christian Church, 515 W. Main, Cherokee. Use the back door.
- Aurelia Community Coffee: Wednesdays at 9 am at the Aurelia Community Center.
- Aurelia Kiwanis: Thursdays at 7 am at the Aurelia Community
- Aurelia American Legion: 2nd Thursday of the month at 6:30 pm at the Aurelia Community Center.
- BuenaVista Parkinson's Support Group: Second Tuesday of each month at 1:30 pm in the library at St. Mark's Lutheran Church. The B.V. Parkinson's Support Group is affiliated with the American Parkinson Disease Association, the country's largest grassroots organization providing funds for research and patient and caregiver education and support across the United States. For more information contact Glenn Schulz at: Home - 712-732-1792 mobile - 201-317-3318
- CAP Food Bank: Tu & Th, 10 a.m. to 2 p.m., IC Church, 709 W Cedar. Anyone in need of food is welcome to stop.
- Cherokee Community Blood Drive: the last Thursday of the month from 12 to 5:30 p.m. at the lower level of the Cherokee Community Center. Schedule a blood donation appointment online at lifeservebloodcenter.org or call 800-287-4903.
- Cherokee Community School Board of Education: The regular board of education meetings are held in the Cherokee Washington High School library on the third Monday of each month. Agendas are posted on the school's website typically on the Friday prior to the meeting although they may be changed up to 24 hours before the scheduled commencement of each meeting. Visitors wishing to speak during the meeting should sign up prior to the meeting being called to order. Comments should be submitted to the superintendent, Tom Ryherd, at tryherd@ccsd.k12.ia.us by 2 pm the day of the meeting.
- Cherokee County Conservation Board: 2nd Monday of each month at the 5 pm at the CCB Headquarters on River
- Cherokee Memorial Presbyterian Church will hold a movie night on Sunday, October 12, starting at 6 pm. The movie is "Woodlawn." This is an American Christian sports drama film based on the true story of the Woodlawn High School football team in 1970s Birmingham, Alabama. The film follows the team as they grapple with intense racial tension and division after the city's desegregation, with a spiritual revival sparking unity and an amazin playoff run led by star player Tony Nathan. This is a free community event. Popcorn and drinks provided
- •Cherokee Public Library: READit Book Discussion, Thursdays from 10 to 11:30 am. Come as you are, bring what you're reading, and be part of our growing community of book
- •Cherokee VFW LA Wescott Post: 2nd Monday of each month at 6:30 pm in the basement of the Kee Stirs building.
- •Christ for YouNite: Bethlehem Lutheran (BLC) and Memorial Presbyterian Churches (MPC) unite in Christ for YouNite weekly Christian Education for all 4 year olds-High School youth in the Cherokee area community for food, fun and learning on Wednesdays starting at 5:30 with the meal followed by other activities. Dismissal at 7:05 for 4 year olds through 8th grade. High School students will be transported to MPC for Bible study 7:15 - 8:00. September- December will be held at lower level of BLC 300 E Bow St. For more information contact Marilyn by calling or texting 712-229-1868.
- MMC Food Pantry: Marcus Senior Center, 405 N. Main St., Marcus. Hours of operation are Wednesdays 6 to 7:30 pm and Saturdays 9 am to 10:30 am.
- NA Recovery in Action: Tu & Th, 7 p.m., First Church of Christ, 772 N. 2nd St., Cherokee. Park in the south lot.
- Quimby Public Library: Quimby Public Library has "Story Time" every Wednesday at 3:00. Join us for fun books, games, and crafts!
- Siouxland Food Bank: the third Friday of the month at Trinity Lutheran Church, 230 N. Roosevelt, 5:30 pm. Please bring your own bags. If you are unable to come to the Food Pantry, but need assistance with food security, please call 712-229-4443 or 712-221-0350.
- Welcome Plate and Food Pantry: The Welcome Plate is a free meal served at the Bethlehem Lutheran Church, 300 E. Bow Drive, from 5:30 to 6:30 pm! Devotions at 5:15. Food pantry and clothes closet will be open. All are welcome. September's Welcome Plate will be held Thursday, September 25.

### Special Upcoming Events

#### •Shattering The Glass: The Remarkable History of Women's **Basketball**

This event is part of the Summer of the Little Sioux: Following the Inkpaduta Canoe Trail speaker series. It will be held on Saturday, September 27, 2:00 p.m. at the Correctionville Community Center, 312 Driftwood Street, Correctionville, IA 51016. This event is free and open to the public.

### • The Next Generation Leahy

The Rosemary Clausen Center will present "The Next Generation Leahy " on Saturday, September 27 at 7 pm. To order tickets or for more information: Contact the Clausen Center box office at 712-368-4849, by email at vickie.heck@outlook.com, or by regular mail at Box 524, Holstein, IA 51025. Please leave a message for a return call if there is no immediate answer. You can also find additional information about the season and the venue on our website at www.rosemaryclausencenter.com.

#### •Cherokee Co American Legion/Auxiliary meeting September 29th, Quimby Community Center, 6:30 p.m. supper.

•Dad's Belgian Waffle Supper

Wednesday, October 1, 2025 5:00-7:00 p.m. at Trinity Lutheran Church, 230 N. Roosevelt, Cherokee. Ages 6 years and older \$10; 5 & under are free.

### •Blessing of the Animals

You and your pets are invited to the Memorial Presbyterian Church's special service for all pet enthusiasts and animal lovers. This special service will be held on Sunday, October 5th at 3 pm at the Cherokee County Fairgrounds in the Bomgaars Building. Animals must be under control with a leash, lead, cage, or kennel. Please make sure vaccinations are up to date. For more information, call the Memorial Presbyterian office at 712-225-2637.

### •The Real Ridge Runners Fall Rendezvous 50th Anniversary

October 10, 11, & 12, 2025; School Day on Friday, October 10th 9am-3pm. We welcome all re-enactors from 1740 to 1880's time periods. The public is welcome from 9:00 am to 5:00 pm and Friday and Saturday; and Sunday before noon. Scheduled Events include various shooting events, archery, and hawk & knife throw. There will also be Kids' & Women's Games. Rendezvous is held at Licklider Shooting Complex, 5949 Little Sioux Road, Cherokee. For more information, contact cherokeeridgerunners@yahoo.com

### •The Cherokee Symphony Pops Concert

The Cherokee Symphony will present the first concert of the season on Sunday, October 26th at 4 pm at the Cherokee Community Center.

*Ticket prices:* Sponsor memberships for \$500.; Benefactor memberships for \$200.; Patron memberships for \$100; Supporter memberships for \$75.

All members in these categories receive two season tickets and will be recognized in concert programs.

For those preferring individual tickets, single season passes can be purchased for \$40. Day-of-concert tickets are available for \$15 each, though advance purchase is recommended.

Children of high school age and younger are admitted free of charge to all performances.

## RMTIMES

### Drive Safely on Iowa Roads This Harvest Season

AMES, IA - With harvest from the opposite side of the underway, combines, grain carts and other large equipment are appearing on Iowa

Drivers are reminded to slow down and share the road with farm machinery this fall.

"As this week is National Farm Safety and Health Week, it is essential for all of us to remember that we need to slow down and share the roads with slow-moving farm equipment," said Kapil Arora, field agricultural engineer with Iowa State University Extension and Outreach.

Arora notes that equipment is often wide, long and unable to move fully onto the shoulder. "If you are approaching farm equipment road, slow down and consider moving to the far edge of your lane or onto the shoulder to provide ample space to pass safely," he said. "If you are approaching the farm equipment from behind, slow down and be prepared to stop if the equipment is turning."

Farm operators also share responsibility for safety.

As an operator, you can be selective when moving equipment between fields by avoiding peak traffic hours," Arora said. "As you prepare to travel, clear dust off all lights, signals, reflectors and the slowmoving emblem so they are clearly visible to other driv-

Everyone plays a role in



Photo credit: vitfotography/stock.adobe.com

has places to go, loved ones to meet, work to do and things to get done, so let's take precautions, slow down, be alert and 0174 or pbtiger@iastate.edu.

keeping roads safe. "Everyone have collision-free roads this fall," said Arora.

For more information, contact Kapil Arora at 515-291-

## Secretary Naig urges Iowans to prioritize safety, mental health this harvest season

### National Farm Safety and Health Week is September 21-27

the busy harvest season commencing across the state, Iowa Secretary of Agriculture Mike Naig is urging Iowans to keep safety top of mind in the field, around the farm and on the road. Farming can be physically exhausting and mentally demanding, and agriculture remains one of the most dangerous industries in America.

In recognition of National Farm Safety and Health Week, Secretary Naig has provided some safety tips for both farmers and drivers as well as resources for Iowans needing mental health support.

"As the busy 2025 harvest season gets underway, I'm urging all Iowans to make safety their top priority. Equipment and machinery will be out in force in the fields and on roadways around the clock. Please slow down, exercise patience, and offer one another some grace to ensure everyone has a safe and productive harvest season," said Secretary Naig. "It's also important to acknowledge that the long, stressful workdays and economic challenges facing agriculture can take a toll. I encourage farmers and ag workers to be mindful of their mental health and well-

DES MOINES, IA - With needs to feel alone. There are resources readily available for Iowans."

> By incorporating the following safety tips and resources, we can better ensure a safe and productive harvest

### For Drivers and Road Safety

•Be Patient: Farm equipment often moves slowly. Be patient and wait for a safe opportunity to pass, considering that it may be difficult to see around large machinery.

•Keep a Safe Distance: Stay a safe distance behind farm equipment, especially when that equipment is turning or slowing down, to avoid collisions.

Awareness: Be Signal aware that farm equipment may make wide turns and may not always be able to signal. Watch for hand signals or other indicators from opera-

•Avoid Distractions: Stay focused on the road and avoid distractions like texting or using your phone.

### For Farmers

shortcuts and stay alert while operating machinery.

•Emergency Equipment: Ensure a first-aid kit is well being, and to watch out for stocked, a fire extinguisher is tigue, which increases the their neighbors too. No one in working order and your cell risk of mistakes and injuries.

phone is always charged and easily accessible. •Equipment Maintenance:

Regularly inspect and maintain all farm machinery. Ensure that guards are in place and signals, lights and safety features are functioning prop-

•Proper Training: Follow the guidelines for operating equipment. Ensure that everyone operating farm equipment has proper training.

•Protective Gear Chemical Storage: Wear appropriate personal protective equipment (PPE) such as gloves, goggles and hearing protection. Store chemicals in their original containers with proper labels and always use them according to their label.

•Safety Around Grain Bins: Never enter a grain bin unless necessary and only if you have proper training and safety equipment. Do not work

### Mental Health and Stress Management

•Stress Management: Engage in stress-relieving activities and take breaks when · Safe Operation: Avoid needed. Activities such as exercise and hobbies as well as plenty of sleep can help.

•Manage Fatigue: Ensure adequate rest to combat faPrioritize sleep and schedule short breaks during long hours to maintain alertness.

•Talk About It: If you are overwhelmed or feeling stressed, do not hesitate to reach out to family, friends or mental health professionals. Iowa State University Extension and Outreach has farm stress resources available that were created in part through a grant from the Iowa Department of Agriculture and Land Stewardship.

•Iowa Concern Hotline: The Iowa Concern Hotline can be reached at 1-800-447-1985 and offers confidential mental health support and resources for those in need.

•Your Life Iowa: For help with alcohol, drugs, gambling, mental health, or suicidal thoughts, contact Your Life Iowa at 855-581-8111, text 855-895-8398, or chat at yourlifeiowa.org.

•988 Suicide & Crisis Lifeline: For immediate crisis support, call or text 988 any-

For additional resources on farm safety and wellness, visit the National Education Center for Agricultural Safety, Iowa's Center for Agricultural Safety and Health, or the North Central Farm and Ranch Assistance Center.

# Cherokee County Suicide Prevention Coalition

Cherokee Chronicle Times

### **Risk Factors**

### Health

- Mental Health Conditions
- Substance use problems
- Serious physical health problems including pain
- Traumatic brain injury

### **Environment**

- Access to lethal means including firearms and drugs
- Prolonged stress such as harassment, bullying, relationship problems, or unemployment
- Stressful life events like rejection, divorce, financial crisis, other life transitions or
- Exposure to another person's suicide, or too graphic or sensationalized accounts of suicide

### **History**

- Previous suicide attempts
- •Family history of suicide
- Childhood abuse, neglect, or trauma

Help is available. Dial 988.

- 212 E Bow Dr. Cherokee, IA 51012
- ন্তি 712.225.21<u>2</u>9
  - www.cherokeermc.org



Source: American Foundation for Suicide Prevention

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