

Guthrie County Hospital Now Offering Fiberoptic Endoscopic Evaluation of Swallowing (FEES) Program

GUTHRIE COUNTY - Guthrie County Hospital is excited to announce the addition of the Fiberoptic Endoscopic Evaluation of Swallowing (FEES) procedure to its comprehensive suite of diagnostic services. This cutting-edge procedure will help assess and treat swallowing disorders with a minimally invasive approach, providing patients with an enhanced level of care.

FEES is a highly effective diagnostic tool that uses a small, flexible fiberoptic camera to examine the throat and evaluate the swallowing process in real time. The procedure helps detect swallowing difficulties, which can be critical in preventing aspiration and related health complications, including pneumonia and malnutrition.

Improved Patient Care“FEES provides an invaluable resource in diagnosing and treating patients with swallowing disorders,” said Kenzie Jensen, a Speech Therapist at Guthrie County Hospital. “By offering this service, we can provide a quicker and more comfortable evaluation process for patients, ensuring they receive the best possible care for conditions that affect their quality of life.”

What Patients Can ExpectThe FEES procedure is performed by our trained speech-language pathologists, Kenzie Jensen and Kacie Wolinski. FEES are typically completed in, but not limited to, the hospital’s outpatient clinic. During the procedure, a small, flexible scope is passed through the nose to observe the throat, larynx, and esophagus while the patient swallows various foods and liquids. The procedure is quick, minimally invasive, and requires no sedation, allowing patients to return to their normal activities shortly afterward.

Benefits of FEES Include:

- Comfort and Convenience: The procedure is well-tolerated by patients and can be done in a seated position, offering convenience and comfort compared to traditional methods.
- No Radiation Exposure: Unlike other imaging tests, FEES does not expose patients to radiation, making it a safer option for repeated evaluations.
- Accurate Diagnosis: FEES allows for real-time visualization of the swallowing process, leading to more accurate diagnoses and tailored treatment plans.

Consult with your primary care provider to determine whether you meet the criteria for a FEES assessment.

GCH Specialty Clinic Announces Transition to New Cardiology Partner

GUTHRIE CENTER — GCH Specialty Clinic Announces Transition to New Cardiology Partner

GCH Specialty Clinic is excited to announce that we are switching cardiology providers to enhance patient care and expand its range of services. As part of this transition, the clinic will partner with The Iowa Clinic, a leading cardiology group known for its cutting-edge treatments, exceptional patient care, and advanced diagnostic technologies.

“We are thrilled to be joining forces with The Iowa Clinic,” said Tina Nourse, Chief Clinic Administrator at Guthrie County Hospital. “Our primary goal is always to ensure our patients receive the best possible care, and this new partnership will provide them with access to some of the most advanced cardiology services available.”

GCH Specialty Clinic remains dedicated to offering specialized care across a range of medical disciplines. By partnering with The Iowa Clinic, the clinic aims to further elevate its service offerings and continue to improve the health and well-being of its patients.

Legal Notice

PUBLIC NOTICE
City of Exira, Iowa – Request for Proposals (RFP) for Sale and Redevelopment of 100 N. Cottage Street

The City of Exira, Iowa, is soliciting proposals for the purchase and redevelopment of the property located at 100 N. Cottage Street, Exira, IA 50076 (Parcel ID: 05-11-03-012-210; Legal Description: Lot 16, Block B, Exira Heights). The City acquired this property through condemnation and has since demolished the existing structure. The parcel is now a vacant lot measuring approximately 51.5 feet by 165 feet (0.20 acres) and is zoned for residential use.

Proposals must include:

- Proposed Use: Detailed description of the intended use of the property, ensuring compliance with local zoning ordinances.
- Building Improvements: Plans for any new construction or rehabilitation, including timelines for commencement and completion.
- Development Costs: Estimated budget covering all aspects of the proposed development.
- Purchase Price Offer: The amount offered for the purchase of the property.

All proposals must be submitted by Tuesday, July 30, 2025, at 4:00 p.m. to:

City of Exira
108 E Washington Street
Exira, IA 50076
Email: cityclerk@exiraiowa.com
Phone: (712) 268-2187

Proposals will be evaluated based on their alignment with the City’s urban renewal objectives, feasibility, financial and legal capability of the proposer, and overall public benefit. The City reserves the right to negotiate with any proposer, reject any or all proposals, and waive informalities or technicalities in the proposal process.

Notice of Consideration: The City Council will consider the award of the proposal at its regular meeting on Wednesday, August 6, 2025, at 7:00 p.m., to be held at the Exira City Hall, 108 E Washington Street, Exira, IA 50076.

For more information or to obtain a copy of the full RFP, please contact the City Clerk at the above address or email.

By order of the City of Exira, Iowa.
(Published in the *Audubon County Advocate Journal*, Friday, June 13, 2025)

Legal Notice

BOARD OF SUPERVISORS
June 3rd, 2025

The meeting of the Board of Supervisors was called to order at 9:02 am by Chairman Heath Hansen. Present at the meeting were Heath Hansen, Don Mosinski, Kent Grabill, Lisa Frederiksen, Chassity Musfeldt, Mitch Rydl, Devin Gieselman, John Hansen, Miranda Bills, Paul Nielsen, Chris Swensen, Dennis Carter, Megan Nielsen, and Dave Lake.

Motion- Grabill Second- Mosinski to approve the agenda. Vote-all in favor. Motion- Mosinski Second- Grabill to approve the meeting minutes of 5-27-25. Vote-all in favor. Public comment was opened, no comments were given. Motion- Grabill Second- Mosinski to approve the following MMP Annual Updates/Changes: Jody Meiners #61440; L & N Pork LLC #67812 and Hawthorn #71892. Vote-all in favor.

At 9:30 am a representative with Pitney Bowes called in to discuss the County’s postage meter. Recent update requirements with the postage machines are requiring a machine replacement in order to print the correct label information. Pitney Bowes was unable to say a date of when the USPS will stop accepting the current mailing label that the machine prints. They would like to phase the machine out sooner than later. Supervisors will research options/companies and discuss again next week.

Engineer Rydl gave Secondary Roads maintenance and construction updates. Motion- Mosinski Second-Grabill to approve both pay estimate #2 for the Brayton Project and the Lark Ave/Feedmill Project. Vote-all in favor. The Planning and Zoning Director position is still open. Rydl discussed the Weed Commissioner adding some updates to the website. He will be reaching out to the IT Director and Supervisor Grabill. The new trucks for Secondary Roads should arrive next week after a walkaround is completed. Rydl discussed private driveways being paved and the issues it can cause if they go past the right-of-way line. The County is not responsible for damage to those that have gone past the ROW. Rydl would like to implement a policy/agreement for any upcoming driveways being paved.

Library Allocation amounts were discussed. Motion- Mosinski Second- Grabill to approve the \$52,000 allocation split between Audubon and Exira libraries as follows: Audubon- 60% at \$31,200 and Exira- 40% at \$20,800. Vote-all in favor. Chairman Hansen said he was unable to attend the SWI JDC May meeting but will try to attend or call in to the next month’s meeting.

Attorney Swensen discussed the planning & zoning position. He would be unable to fulfill this spot due to conflicts of interest with his currently position, but said one of his staff may potentially be interested. Supervisors stated that in the past, there was a \$1/hour wage increase for the duties on this position. Swensen suggested Supervisors send an email to all Department Heads to share with employees to see if there is any interest. Paul Nielsen inquired about the Assistant Engineer taking over the position. Supervisors said Engineer Rydl had said he wasn’t interested. The Audubon County Magistrate Appointing Commission position is still open. Swensen will check with the Clerk of Court’s office for suggestions. Motion- Grabill Second- Mosinski to approve Budget Amendment #4 Public Notice/

Celebration of Life Elaine Stish



May 11, 1945 — June 4, 2025

Elaine Stish, 80, a beloved mother, grandmother, great-great grandmother and friend, passed away peacefully on June 4, 2025, at the Carlisle Care Center in Carlisle, surrounded by loved ones. Born on May 11, 1945, in Des Moines, Elaine touched the lives of many during her time on this earth and will be forever remembered for her warmth, kindness, and boundless generosity.

Elaine met the love of her life George Stish, on a Christian dating radio station who later moved Elaine and her family from Audubon to Des Moines where they would later marry, April 9th 1988 on their lovely Victorian homestead that they shared for 31 years.

Elaine enjoyed a fulfilling career as a home health aide for Generations Incorporated, dedicating over 20 years to helping others. Her compassionate heart shone brightly in her work, where she formed lasting bonds with those she cared for. Many can attest to her remarkable ability to make anyone feel valued, as she was truly a friend to all she encountered—a testament to her outgoing personality and her belief that no one was a stranger.

Growing up in Pleasantville, Iowa on the farm, Elaine graduated from Pleasantville High School in 1965. Elaine had a late start to school as she had come down with Rheumatic Fever. After graduating Elaine later attended Mercy College to pursue nursing. It was this foundation of care that guided her throughout her life, influencing not just her career but her role as a loving matriarch and friend. She shared countless memories with her family, often highlighted by her loving passion for cooking and entertaining, where her kitchen became the heart of cherished gatherings.

Elaine’s massive flower gardens were renowned among her friends and neighbors, showcasing her impressive green thumb. Elaine with her youngest daughter, Shirley, would spend countless hours working on the family greenhouse, Wiese Greenhouse and Garden Center between Dexter and Stuart. The joy she found in nurturing plants matched her love for all animals and pets, making her home a bustling haven of life and warmth. Whether it was through her skilled sewing and quilting or her adventurous spirit in antiquing and attending auctions with George , she found beauty in everyday moments.

Traveling was an integral part of Elaine’s life; she reveled in journeys to visit family in Idaho, specifically Sun Valley, creating cherished memories that will resonate for generations. Keeping active was important to her, and she found joy in walks at the mall with George, embracing the beauty around her while staying vibrant and engaged in life.

Elaine is survived by her loving children, Michael (Tammy) Palm, Dixie (Doug) Miller, Shirley (Chris) Fisher, Step- daughter, Becky(Greg) Street, Step-son, George “Willie” (Kathy) Stish, Step-daughter Shelly (Steve) Strawser, Daughter-in-law Maureen Stish, Aunt Fran Cooper of Carlisle Care Center. 16 Grandchildren, 18 Great-Grandchildren and 2 Great-Great- Grandchildren. Each of them carries with them a piece of her spirit and love.

She was preceded in death by her devoted husband, George Stish, who left this world on April 28, 2019, her beloved step-son, John Stish, step- grandson Timothy Stish along with her parents, Vance and Anna Andrie and grandparents Frank and Charlotte Wiese. Their memories continue to live on within the hearts of those who knew and loved her.

Memorials are suggested to any local dementia or Alzheimer’s associations of your choice

Online condolences may be shared with the family at www.caldwellparrish.com

Effective June 4th, The Iowa Clinic will become the exclusive cardiology provider at GCH Specialty Clinic. They will be seeing patients the first and third Wednesday of each month. To schedule an appointment, please call (515) 875-9090.

Celebration of Life

James Leroy Anderson

June 19, 1954 — June 2, 2025

James Leroy Anderson, 70, son of Oral and Lorraine (Jensen) Anderson, died June 2, 2025 in Des Moines.

Survivors are his wife, Joy; daughters: Piper Anderson, Amber Anderson, sons: Jamey Anderson, Aaron (Lisa) Anderson and Eric Anderson and six grandchildren.

A celebration of life was held at The Mission Church in Urbandale on June 10, 2025. Iles Funeral Home was in charge of the arrangements.

Legal Notice

THE IOWA DISTRICT COURT
Audubon County
Probate No. ESPR009359
NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS in the matter of the Estate of HEATH JOSEPH KASPERBAUER Deceased.

To All Persons Interested in the Estate of Heath Joseph Kasperbauer, Deceased, who died on or about March 1, 2025:

You are hereby notified that on May 2, 2025, the undersigned was appointed administrator of the estate.

Notice is hereby given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur four months from the date of the second publication of this notice or one month from the date of the mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated on May 2, 2025.
/s/Kamile Marie Kasperbauer
213 Ann Street, Manning, IA 51455
Administrator of the Estate
Brad Bonner, ICIS#: AT0008983
Attorney for the Administrator
Iowa Legal PLC
1317 Broadway, Denison, IA 51442
(Published in the Audubon County Advocate Journal, Friday, June 6, 2025 and Friday, June 13, 2025)

Hearing Date for June 17th, 2025, at 10:00 am. Vote-all in favor. That status of the recodification of ordinances was discussed. Chairman Hansen has been awaiting a response from the company. Supervisor Grabill called Simmering Corey and Jennifer Movall said the ordinances should be done this week or next and will follow up with an email on the finalized ordinances. Recorder Bills brought in a list of companies for options regarding the postage meter situation. Supervisor Grabill will reach out to some of those to get a few quotes.

Dennis Carter with the Audubon County Historical Society, and Dave Lake & Megan Nielsen with Community Insurance met with Supervisors to discuss the FY26 ICAP premiums and an issue with the Historical Society insurance. Carter stated that the current company that the Historical Society had for insurance has dropped them without an opportunity to renew. This is not due to any claims or problems; the company simply did not renew. This is becoming a current issue for many Historical buildings throughout the United States if they are over a certain age. The original deeds where Audubon County transferred to the Historical Society stated that if the Society was unable to keep the museum running, it would revert back to the County. The Historical Society is having no luck finding any insurance coverages and would like some guidance/help in the next steps to take. Carter inquired about a Quit Claim Deed to transfer back to the County in order to acquire insurance. Attorney Swensen will do some checking on options. Community Insurance will also look into options for insurance coverage. Motion- Grabill Second- Mosinski to approve the ICAP FY26 insurance premiums for Audubon County. Vote-all in favor.

The County’s General Relief/Funeral Assistance policy was discussed. Chairman Hansen will reach out to Cass County to get an example policy. Motion- Mosinski Second- Grabill to approve claims as submitted by various departments to be paid in the amount of \$251,219.97 and published in a separate publication at the end of the month. Vote-all in favor. Custodian Hansen discussed his timesheet from the previous month. The Courthouse was closed a day due to a wiring project, but since Hansen worked that day, he would like to have those hours applied to a day off on the next week because the other Courthouse employees had a paid day off. Motion- Mosinski Second- Grabill to approve 8 hours be applied to Hansen’s timesheet. Vote-all in favor.

Supervisor Grabill and Auditor Frederiksen gave an update on the State Auditor FY24 exit interview. More discussion will follow after it is signed and finalized. Supervisors reviewed policies and set a procedure moving forward to ensure the currently policies in place are being reviewed/updated regularly. They would like to start reviewing two policies a week to verify they are okay or proceed with updating. Next week will start week one of the policy review process. Meeting adjourned at 1:48 pm.

/s/Kent Grabill
Chairman, Board of Supervisors
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/s/Chassity Musfeldt
Attest: Audubon County Auditor Clerk