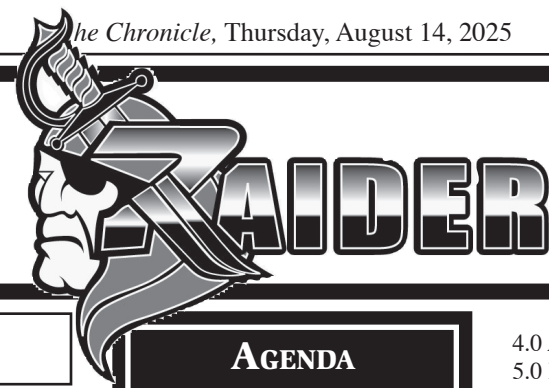


# East Sac County



# RAIDER REVIEW

## New Teachers at ESC



Thomas Cox

Introducing Thomas Cox as the new High School Physical Education and Health teacher.

This will be Mr. Cox's first year as a teacher. He is coming to East Sac County after graduation from Iowa State University. Thomas is looking forward to helping students build healthy, active lifestyles they can carry with them beyond graduation, while also building meaningful relationships along the way. He's especially excited to work in the weight room, supporting student-athletes. Helping individuals become not only better athletes and more confident individuals, but also better people both on and off the field/court/track or mat.



Avaree Cowlham

Introducing Avaree Cowlham as the new 4th grade teacher to East Sac County.

This will be Mrs. Cowlham's first year teaching, and she's so excited to be joining the East Sac Elementary team! She is from Odebolt, and moved back home after graduating from the University of Northern Iowa. Mrs. Cowlham's favorite part about teaching is building relationships with her students and helping them discover the joy in learning. She can't wait to meet her fourth grade class and start an amazing year as a Raider.



Jenna Henderson

Introducing Jenna Henderson as the new 2nd grade teacher to East Sac County.

This will be Ms. Henderson's first year at East Sac County, but her fourth year as a teacher. She is originally from Ida Grove, graduated from the University of Northern Iowa, and taught preschool for three years in Storm Lake. Her favorite part about teaching is watching how her students grow throughout the year. Jenna is looking forward to being a Raider and getting this school year started.

## AGENDA

### ESC BOARD OF EDUCATION REGULAR BOARD MEETING TENTATIVE AGENDA HIGH SCHOOL LIBRARY LAKE VIEW

Monday, August 18 2025 6:10 PM

- 1.0 Call Regular Board Meeting to Order
- 2.0 Approve Board Meeting Agenda
- 3.0 Communications
  - 3.1 Pledge of Allegiance
  - 3.2 ESC Mission Statement
  - 3.3 Public Input on Non-Agenda Items
- 3.4 Board Secretary/HR Director
- 3.5 Correspondence

- 4.0 Administrative Reports
- 5.0 Discussion Items
- 6.0 Action Items

- 6.1 Approve Consent Agenda
  - A. Minutes
  - B. Board Bills
  - C. Board Policies

- 6.2 Activity Bus Purchase
- 6.3 Approve 2025-26 EOP's
- 6.4 Resolution Ordering Election on the Question of Amending the Levy of the Voter Approved Physical Plant and Equipment Property Tax

- 7.0 Personnel Items
  - 7.1 Approve Resignations
  - 7.2 Approve Contracts
- 8.0 Set date and time for next meeting/Future Agenda items
- 9.0 Adjournment Regular Meeting

## COVER YOUR COUGH



ESC Community School District  
801 Jackson Street  
Lake View, IN 41450

### Public Release for Schools Operating the National School Lunch and Breakfast Program

The Iowa Department of Education, Bureau of Nutrition and Health Services, has finalized its policy for free and reduced price meals for students unable to pay the full price of meals served under the National School Lunch Program, School Breakfast Program, Special Milk Program and the Afterschool Care Snack Program. State and Local school officials have adopted the following family size and income criteria for determining eligibility:

INCOME ELIGIBILITY GUIDELINES (Effective 7-1-2025)										
Household Size	Free Meals					Reduced Price Meals				
	Yearly	Monthly	Twice a Month	Every two weeks	Weekly	Yearly	Monthly	Twice a Month	Every two weeks	Weekly
1	20,345	1,696	848	783	392	28,953	2,413	1,207	1,114	557
2	27,495	2,292	1,146	1,058	529	39,128	3,261	1,631	1,505	753
3	34,645	2,888	1,444	1,333	667	49,303	4,109	2,055	1,897	949
4	41,795	3,483	1,742	1,608	804	59,478	4,957	2,479	2,288	1,144
5	48,945	4,079	2,040	1,883	942	69,653	5,805	2,903	2,679	1,340
6	56,095	4,675	2,338	2,158	1,079	79,828	6,653	3,327	3,071	1,536
7	63,245	5,271	2,636	2,433	1,217	90,003	7,501	3,751	3,462	1,731
8	70,395	5,867	2,934	2,708	1,354	100,178	8,349	4,175	3,853	1,927
For each additional family member add:	7,150	596	298	275	138	10,175	848	424	392	196

Households may be eligible for free or reduced-price meal benefits one of four ways

1. Households whose income is at or below the levels shown are eligible for reduced price meals or free meals, if they complete an application for free and reduced price school meals/milk. Households may complete one application listing all children and return it to your student's school. When completing an application, only the last four digits of the social security number of the household's primary wage earner or another adult household member is needed.
2. Supplemental Nutrition Assistance Program (SNAP) households, students receiving benefits under the Family Investment Program (FIP) and students in a few specific Medicaid programs are eligible for free or reduced price meals. Most students from SNAP and FIP households will be qualified for free meals automatically. These households will receive a letter from their student's schools notifying them of their benefits. Households that receive a letter from the school need to do nothing more for their student(s) to receive free or reduced price meals. No further application is necessary. If any students were not listed on the notice of eligibility, the household should contact the school to have free or reduced price meal benefits extended to them. If you feel you would qualify for free meal benefits and received notification qualifying for reduced price benefits, complete an application for free and reduced price meals. Households must contact the school if they choose to decline meal benefits.
3. Some SNAP and FIP households will receive a letter from the Iowa Department of Health and Human Services (Iowa HHS) which will qualify the children listed on the letter for free meals. Parents must take this letter to the student's school to receive free meals.
4. SNAP or FIP households receiving benefits that do not receive a letter from Iowa HHS must complete an application with the abbreviated information as indicated on the application and instructions, for their students to receive free meals. When the application lists an assistance program's case number for any household member, eligibility for free benefits is extended to all students in a household. Eligibility from the previous year will continue within the same school for up to 30 operating days into the new school year. When the carryover period ends, unless the household is notified that their students are directly certified or the household submits an application that is approved, the students must pay full price for school meals and the school will not send a reminder or a notice of expired eligibility. An application cannot be approved unless complete eligibility information is submitted. Applications may be submitted at any time during the year. If a family member becomes unemployed the family should contact the school to complete an application. Households notified of their student's eligibility must contact the school if the household chooses to decline the free meal benefits.

Foster children are eligible for free meal benefits. Some foster students will be qualified for free meals automatically through the state direct certification process. Their host family will receive notification of these benefits. Families that receive this notification from the school need to do nothing more for their foster students to receive free meals. If a family has foster students living with them and does not receive notification and wishes to apply for such meals, instructions for making application for such students are contained on the application form. A foster student may be included as a member of the foster family if the foster family chooses to also apply for benefits for other students. Including students in foster care as household members may help other students in the household qualify for benefits. If the foster family is not eligible for free or reduced price meal benefits, it does not prevent a foster student from receiving benefits. Special Supplement Nutrition Program for Women, Infants, and Children (WIC) participants may be eligible for free or reduced price meals based on a completed application.

When known by the school, households will be notified of any child eligible for free meals if the children are enrolled in the Head Start/Even Start program or are considered homeless, migrant or runaway. If any children are not listed on the notice of eligibility, contact the school for assistance in receiving benefits. If households are dissatisfied with the application approval done by the officials, they may make a formal appeal either orally or in writing to the school's designated hearing official. The policy statement on file at the school contains an outline of the hearing procedure. School officials may verify the information in the application, and that deliberate misrepresentation of information may subject the applicant to prosecution under applicable state and federal criminal statutes. Households should contact their local school for additional information.

There will be no discrimination against individuals with Limited English Proficiency (LEP) in the school meal programs.

**\*\*Nondiscrimination Statement:** This explains what to do if you believe you have been treated unfairly. In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotype, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov) This institution is an equal opportunity provider.

**\*\* Iowa Nondiscrimination Notice.** (revised 7-1-25) It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, contact the Iowa Civil Rights Commission, 6200 Park Ave, Suite 100, Des Moines, IA 50321; phone number 515-281-4121 or 800-457-4416; website: <https://icrc.iowa.gov/>.

## EARLY - SCHALLER NEWS



### Early Achievers at the Iowa State Fair

On Thursday, August 7 the Early 4-H Achievers were at the first day of the Iowa State fair working with exhibits, educational presentations, and static exhibit results. Alivia, Lillian, Melany and Maddy represented Sac County and the Early Achievers 4-H Club. As well as a blue ribbon for the club citizenship project.



Both Maddy and Melany received the seal of Excellence on their Educational Presentations.



Static Exhibits. Maddy's Mixed Media Giraffe received the Judges Choice award.

*photo's submitted*



Matt Naberhaus | 712-251-3060



### The Story 'Trusty Bus' at The Early Library

For story time on Wednesday, August 6 the Early Library had a special visit from Schaller-Crestland's Transportation Director Brady Luy. He read to the kids the story 'Trusty Bus', taught them school bus safety, and took them for a bus ride. They also received some special treats: a toy school bus and a bus sucker.

Riding a bus for the first time can be scary and educational programs like this can help little ones to overcome their fears before that first day of school. A HUGE thank you to Brady Luy for taking time out of his day to teach the kids about school buses!

This event was made possible with funds received through the Crawford/Sac Decategorization Project and Community Partnerships for Protecting Children Neighborhood/Community Network Mini Grant.

*Kristine Luy, Early Library*

## SCHALLER LIBRARY

Community coffee - August 6 & 20 @ 10:00 am. Join me for a sweet treat and good conversation. All are welcome!

Bingo - August 11 @ 4:00 pm. All just for fun, no money needed. Bring a snack to share. Please let me know if you plan to attend.

Book Club - August 18 @ 2:30 pm. The Fourteenth Goldfish by Jennifer L. Holm. Galileo. Newton. Salk. Oppenheimer. Science can change the world . . . but can it go too far? Eleven-year-old Ellie has never liked change. She misses fifth grade. She misses her old best friend. She even misses her dearly departed goldfish. Then one day a strange boy shows up. He's bossy. He's cranky. And weirdly enough . . . he looks a lot like Ellie's grandfather, a scientist who's always been slightly obsessed with immortality. Could this gawky teenager really be Grandpa Melvin? Has he finally found the secret to eternal youth? I have several copies and this is a quick, easy and cute book; so stop and check it out. Maybe you will want to join us for the discussion!

Crafts & Conversation - August 27 @ 2:00 pm. We will be doing button paintings. Stop in or check FB for examples. Cost is \$5.00, let me know



### Prairie Animals at the Schaller Library

On Monday, August 4 the Schaller Library hosted the Sac County Naturalist, Dakota Popp who shared her knowledge about prairie animals with the kids.

*Brenda Naberhaus, Schaller Library*

if you plan to attend, because supplies are limited.

Books for Babies. Please help me out and let me know of any babies born here in town. We want to welcome them to our community and give them a book. Readers make leaders!

Notary Service is available at the library at no cost.

Dolly Parton's Imagination Library is now available in Sac

County, thanks to the First Christian Church, Sac City. You can go online to: <http://www.imaginationlibrary.com> to get registered, or stop in the library. The library has paper forms to fill out or we can assist in filling the form out online. This is available to all children under age five that live in Sac County!

Brenda Naberhaus  
Schaller Public Library

## Protect Yourself From Scams

Scammers are getting more sophisticated in their attempts to get your money or personal details. **Be alert and protect yourself from being scammed by following these tips.**

- Be alert to the fact that scams exist.
- Know who you're dealing with.
- Beware of any requests for personal info or money.
- Keep your personal details secure.
- Choose your passwords carefully.



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