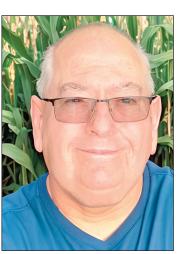


Wayne Riniker, 73



Sept. 13, 1951 -May 12, 2025

CRESCO- Wayne Riniker, 73, of Cresco, Iowa, passed away on May 12, 2025, at Regional Health Services of Howard County.

It was a sad day in Cresco, but if you knew Wayne, you know he wouldn't want you to stay sad for long. He'd much rather you share a good story, crack a joke, eat something delicious (preferably from a buffet), and send a picture of it to literally everyone in your

Wayne was born on September 13, 1951, in Cresco, Iowa, to Paul and Dolores (Bohr) Riniker. He attended Notre Dame School and graduated in 1969. After high school, he moved to Des Moines to pursue an exciting new career as a TV repairman... which lasted all of two weeks. Plan B took him to Northern Engraving Waukon as a floorman. But the pull of the land (and the allure of green and yellow tractors) brought him back home to farm alongside his father. Eventually, Wayne expanded the operation, renting additional land, raising crops, and growing something even more meaningful: a family.

Wayne proudly raised the best (self-appointed) daughters on Earth: Lara and Tricia. He had a knack for surprise visits (zero warning, maximum impact) and was known to wake them up early in the morning by blasting Holiday Road at full volume. No matter what he was up to, Wayne was hands-down the best Dad—funny, devoted, and always just a little bit unpredictable.

In 2001, when Wayne met his perfect match, Janet, he also gained a third daughter, Becky, who quickly learned that in the Riniker family, "bonus daughter" meant just as loved (and just as teased).

By their second date, Wayne and Janet were rug shopping—because nothing says "true love" like home décor. They married in Las Vegas on January 27, 2006... without informing the daughters (surprise!). But it all worked out beautifully. Together, Wayne and Janet traveled the world, including a 107-day World Cruise and nine voyages to Alaska. A simple winter escape to Lake Havasu City, Arizona, turned into buying a home and spending half their time

With three handy son-inlaws, Wayne had a special bond with Mark, David, and Chad, who were frequently told they were in the running for "favorite son-in-law" status. The competition remains unresolved, though Wayne was happy to fan the flames by telling each of them, 'You're so close to number 1."

As Grandpa and Great-Grandpa, Wayne reached legend status. He challenging the younger generations in unique "Waynestyle" ways: offering cold hard cash rewards to the grandkids for trying new foods, cutting/buzzing their hair to be like his, or squeezing into a dog crate—just to see if they fit. (Yes, really.) He even promised a payout at age 21 for staying tobacco-free. He was part Grandpa, part game show host, and part troublemaker.

He loved buffets, card games with friends, road trips, watching sports (often cheering on the wrong team), and gambling just enough to keep it interesting. His phone was never far from his hand, ready to scroll Facebook (to our dismay), talk for hours, or send a sarcastic video and food pics to everyone on Snapchat. He believed in lucky streaks, gut feelings, and that life was just a little more fun with a wager on the

Wayne had a heart as big as his laugh and a one-of-akind way of spreading joy. He'd buy drinks for strangers, tip the Tilt-a-Whirl operator for longer rides, deliver Mabe's pizza to Amish neighbors during barn raisings, walk straight into restaurant kitchens to personally tip the cook. He gave without hesitation; generously, quietly, and often.

A gentle giant with a happy-go-lucky spirit, Wayne didn't say much until he had something worth sayingand when he did, it usually ended in laughter. He was a big kid at heart, full of mischief, kindness, and contagious joy.

Wayne is survived by his loving wife, Janet (Bronner) Riniker; his daughters Lara (David) Ness of Dubuque, Trish (Chad) Raap of Cedar Rapids, and Becky (Mark) Burke of Cresco; grandchildren Trae (Belle) Riniker of Osage, Abbie Burke (Nick Lee) and Allie Burke (Hunter Mackenburg) of Cresco, Jared and Logan Ness of Dubuque, and Kade and Bell Raap of Cedar Rapids; and greatgrandchildren Duncan and Tatum Riniker.

He is also survived by his sisters, Martha (Brett) Fulton and Sherri Slifka, along with a big extended family and a wide circle of friends, many of whom were more like family. Wayne was preceded in

death by his parents, Paul and Dolores Riniker, along with beloved aunts and unwho undoubtedly greeted him with a deck of cards and an ice-cold Coke. As his beloved "Pie-Pie"

Jan says, "We sure did have a lot of fun together." And if you knew Wayne, you probably did too. Life with Wayne was always a gamble worth taking, and every moment was a winning hand!

In lieu of flowers, memorials may be directed to the Cresco Firefighters and HOCA (Howard County Cancer Society) in honor of Wayne.

A celebration of life will be held from 4:00-7:00pm on Friday, May 23, 2025 at the Featherlite Center in Cresco. Schmelzer Funeral Home is assisting the family with arrangements.

May is Stroke Awarness Month

CRESCO- A stroke is a medical emergency that can happen anytime and anywhere. While risk of stroke increases with age, anyone can have a stroke. In the United States, a stroke occurs every 40 seconds.

Almost 800,000 strokes occur nationwide each year. Strokes happen when blood flow to the brain is stopped in some way, and brain cells are deprived of oxygen and nutrients. An ischemic stroke happens when blood flow in an artery to the brain is blocked by a clot. A hemorrhagic stroke is the result of bleeding in or around the brain due to a rupture in a blood vessel. A third occurrence, transient ischemic attack (TIA), also known as a mini-stroke, is a temporary interruption in blood flow that can be a warning sign of future stroke.

Like many medical conditions, strokes are most treatable when recognized early. Everyone should know the signs of stroke. It's so important to get medical help as quickly as possible. BE FAST is an easy way to remember:

- B Sudden BALANCE loss
- E Sudden EYESIGHT loss
- F FACE drooping
- A-ARM weakness $S-SPEECH\ difficulty$
- T TIME to call 911

Sudden numbness or weakness in the face, arm or leg, especially on one side of the body, is a sign of stroke. Confusion and sudden severe headache are other symp-

According to the Centers for Disease Control and Prevention (CDC), patients who arrive at the emergency room within three hours of their first symptoms often have less disability three months after a stroke than those who delayed their care.

Stroke may be treated with tissue plasminogen activator (tPA) medications, also known as "clot buster" drugs. An interventional neuroendovascular procedure may be possible, in which tiny equipment is

guided through microcatheters placed in blood vessels to open a blocked artery or repair an abnormality. But this lifesaving, brain-saving treatment can't take place if you don't get emergency help in a timely way.

Prevention is the best medicine, and up to 80% of strokes are preventable.

People tend to think that stroke is something that happens to senior citizens. Yet the CDC reports that strokes are happening at younger ages. There's been an uptick in stroke hospitalizations among people ages 18-64 over the past 15 years. One reason is a corresponding increase in risk factors including obesity, high blood pressure, high blood cholesterol and diabetes.

Other risk factors include diabetes, and heart and/or vascular disease. Smoking, high stress, a sedentary lifestyle and a diet high in processed foods also add to stroke risk. Follow these health habits to

lower your risk:

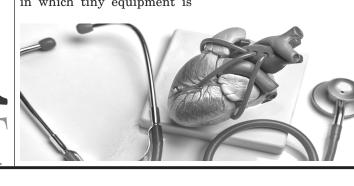
- •Get your blood pressure checked, and make sure your blood pressure is under control, through diet, exercise and medications. Using a home blood pressure monitor can help you track your numbers carefully.
- •Eat a healthy diet that's low in fat and high in fiber, fruits and vegetables.
- •Be active 30 minutes of activity five days a week is what's recommended, and it can be as simple as a daily
- •If you have diabetes, maintain good control and take medications as recommended. ·Manage any other chronic conditions carefully with your care team, including high cholesterol.
- Stop smoking or vaping. •If you drink alcohol, drink
- only in moderation.

The best way to stay on top of risk factors and preventive measures is a yearly checkup with a primary care provider.









Church/Activities

Lawler Immanuel Crane Creek Luth.

Pastor Sue Cira Sunday: 9:30 a.m. - Lawler

Christ Our Hope Cluster
Fr. Nick Radloff Tuesday to Sunday: Daily offerings on https://face-

book.com/ChristOurHopeCluster/
Saturday, May 24: 4 p.m. - OLMC, 6 p.m. - SJN
Sunday, May 25: 8:30 a.m. - H. Trinity; 10:30 - St. Luke

Cresco Community Chapel Pastor Gordon Eggleston
Sundays: 9 a.m. - Sunday School for all ages; 10 a.m.
Morning Service; TBD - Aletheia Youth Group

Wednesdays: 6 p.m. - AWANA Cresco First Lutheran Church

Pastor Leo Combs-Lay
Wednesday, May 21: 7:30 a.m. - Men's breakfast
Sunday, May 25: 9 a.m. - Worship Service; coffee fellowship following the service

Monday, May 26: Memorial Day - church closed Tuesday, May 27: 11 a.m. - Pastor's Text Study; 8 p.m. - NA Meeting

Cresco First/Zion UMC Rev. Melissa Warren Wednesday - Bible Study - 9 a.m.; Sunday - Worship at Zion - 8:30 a.m.; Adult Bible Study at First - 8:45 a.m.; Worship at First - 10 a.m.

Cresco Immanuel Lutheran

Pastor Dan Baldwin

Sundays: 9 a.m. Worship with Communion; 10 a.m. -Fellowship "Devotions to Begin Your Day" on KCZQ Monday, Wednesday and Friday at 8:05 a.m. Wednesdays: 5:15 p.m. - GLOW Meal; 6 p.m. - GLOW Class and Confirmation Class; 7 p.m. - WoW

(Worship on Wednesday) Service with Communion Bible Study options: WELCA "Circle of Grace" - second Wednesday each month at 9:30 a.m.; Men's Breakfast Bible Study - Every Thursday at 7 a.m.; Sunday Adult Bible Study with Pastor Dan every Sunday at 6 p.m.; Mid-Month Communion - second Thursday of the Month at 2 p.m.; "Coffee with Pastor" call the office; Review of "The Chosen" each Sunday at 7:45 a.m.

Cresco Notre Dame Church

Fr. Jacob Rouse Mass is open to the public Thursdays: 9 a.m. - Mass Fridays: 8 a.m. - Mass Saturdays: 4 p.m. - Mass Sundays: 8 a.m. & 10 a.m. - Mass Tuesdays: 5:15 p.m. - Mass Wednesdays: 8 a.m. - Mass

First Congregational/Saratoga Pastor Tim Sir

Audio & video on website: www.disciplemaker.org KCZQ: Saturdays at 7:30 a.m. and Sundays at 8 a.m.; Tuesdays & Thursdays at 8:05 a.m. Saratoga Community — Sundays at 8:30 a.m., No Sun-

day School Until September First Congregational — Sundays: 10:30 a.m. - Worship, No Sunday School Until September

Greenfield Lutheran Church

Pastor Kurt Bockoven at Harmony, Minn. Sunday: 10:30 a.m. - Facebook/YouTube; 11 a.m. broad-

cast on KFIL 103.1

Holy Rosary Cluster Fr. Telesphore Dusabe

Saturday, May 24: 4 p.m. - OLL; 6 p.m. - AV Sunday, May 25: 7:15 a.m. - Elma; 9 - RV; No - NH

Jerico/Saude/Redeemer Lutheran Pastor Peter Faugstad

www.saudejerico.com

Saturday, May 24: 4 p.m. - Divine Service at Redeemer Sunday, May 25: 8:30 a.m. - Divine Service at Saude; 10:30 a.m. - Divine Service at Jerico

KCZQ 102.3 FM

Saturdays, 7:30 a.m.: Disciple Maker w/Pastor Tim Sir On Sundays TFN:

7 a.m.: Music and The Spoken Word 8 a.m.: Disciple Maker with Pastor Tim Sir 8:30 a.m.: Radio Rosary sponsored by local churches 9 a.m.: Immanuel Lutheran Church 10 a.m.: Greenleafton Reformed Church

<u> Lime Springs / Chester UMC</u>

Worship schedule updates can be found on Chester and Lime Springs United Methodist Churches Facebook page

McIntire Methodist Church

Pastor Dr. Donna Ihns

Sunday: 8:30 a.m. - Social Time; 9 a.m. - Worship

<u>Riceville First Congregational/</u> United Church of Christ PASTOR MIKE SIMIELE

Sundays: 10 a.m. - Service Ridgeway Lutheran Churches

Pastor Nathan Wicks Sunday, May 25: 9 a.m. - Madison/HC (joint service).

St. Peter Lutheran - Elma Rev. Bruce Miller

Sunday: 9 a.m. - Service; 10:15 a.m. - Bible Study

Unity Lutheran Parish

PASTOR JEFF JACOBS (L.S., SAETERSDAL, GRANGER) Sundays - 8:30 a.m. - St. Paul (Lime Springs); 9:45

Saetersdal (rural Harmony); 11 - St. Matthew's (Granger). Devotions on facebook.com/St. PaulLutheranChurch.LimeSprings

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