Sports

CONCUSSIONS continued from page 3B

If you have a concussion, your brain needs time to heal. While your brain is healing, you are much more likely to have another concussion. It is important to rest and not return to play until you get the OK from your healthcare professional.

Make sure students wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly. Ensure students follow their coaches' rules for safety and the rules of the sport, and encourage them to practice good sportsmanship at all times.

For more info, visit www.cdc.gov/Concussion.

Know the law

A student participating in extracurricular interscholastic activities, in grades seven through twelve, must be immediately removed from participation if the coach, contest official, licensed healthcare provider or emergency medical care provide believe the student has a concussion based on observed signs, symptoms, or behav-

Once removed from participation for a suspected concussion, the student cannot return to participation until written medical clearance has been provided by a licensed healthcare provider.

they are free from concussion symptoms at home and at school.

A student cannot return to participation until

The above information is based on Iowa Code Section 280.13C, Brain Injury Policies.

Concussion prevention

Enforce the rules of the sport for fair play, safety, and sportsmanship. Ensure athletes avoid un-

safe actions such ass striking another athlete in the head; using their head or helmet to contact another athlete; making illegal contacts or checking, tackling, or colliding with an unprotected opponent; and/or trying to injure or put another athlete at risk for injury.

Talk with athletes about the importance of reporting a concussion. Some athletes may not report a concussion because they don't think a concussion is serious. They may also worry about losing their position on the team or during the game, jeopardizing their future sports career, looking weak, letting their teammates down, or what their coach or teammates might think of them.

Create an action plan that includes information on how to teach athletes ways to lower their chances of getting a concussion. If you think an athlete may have a concussion, you should remove the athlete from play, keep an athlete with a possible concussion out of play on the same day of the injury and until cleared by a health care provider. Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess an athlete for a possible concussion.

Record and share information about the injury, such as how it happened and the athlete's symptoms, to help a health care provider assess the athlete. Inform the athlete's parent(s) or guardian(s) about the possible concussion and refer them to CDC's website for concussion information. Ask for written instructions from the athlete's health care provider about the steps you should take to help the athlete safely return to play.

Find more information at https://www.cdc.gov/ headsup/basics/concussion_prevention.html

I-35 fall gear available this week

By Gale Blader

sports@wintersetmadisonian.com

Fall Roadrunner gear is now available to purchase online through Monday, August 11. No late orders will be accepted, so be sure to get your orders in before the deadline. Gear ranges in price from \$5 to \$65, with a variety of products, from Croc charms and pants to stadium chairs and backpacks. Roadrunner backpacks are available in four colors: black, grey, blue, and red. For an additional five dollars, orders of pants and backpacks may be customized with your name.

Visit tinyurl.com/I35-Fall-Gear for your fall Roadrunner gear. Questions may be directed to Whitney@podiumink.com, or over the phone at 641-464-0762.





Photos special to the Madisonian

Roadrunner fall gear, from sweatpants to stadium chairs, is available online through August 11.

Your home for local news on the web. www.wintersetmadisonian.com

PUBLIC NOTICES iowapublicnotices.com

Legal Notices

Legal documents are printed as received at the Madisonian

Trust Notice IN THE MATTER OF THE TRUST:

Vivian J. Clausen Revocable Trust dated July 18, 2019, as amended.

To all persons regarding Vivian J. Clausen, deceased, who died on or about June 27, 2025. You are hereby notified that Cynthia Ann Clausen is the Successor Trustee of the Vivian J. Clausen Revocable Trust dated July 18, 2019, as amended. Any action to contest the validity of the trust must be brought in the District Court of Madison County, Iowa, within the later to occur of four (4) months from the date of second publication of this notice or thirty (30) days from the date of mailing this notice to all heirs and beneficiaries of the decedent settlor, whose identities are reasonably ascertainable. Any suit not filed within this period shall be forever barred.

Notice is further given that any person or entity possessing a claim against the trus=t must mail proof of the claim to the trustees at the address listed below via certified mail, return receipt requested, by the later to occur of four (4) months from the second publication of this notice or thirty (30) days from the date of mailing this notice if required or the claim shall be forever barred unless paid or otherwise satisfied.

Dated: July 16, 2025

dated July 18, 2019, as amended. Cynthia Ann Clausen 1608 Fieldstone Avenue Earlham, IA 50072

John D. Twillmann Attorney for Successor Trustee Bump & Twillmann law 222 East Market Street P.O. Box 127

Panora, Iowa 50216 Date of Second Publication: August 6, 2025

VIVIAN J. CLAUSEN REVOCABLE TRUST

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AND NOTICE TO CREDITORS

Estate Notice

THE IOWA DISTRICT COURT FOR MADISON COUNTY IN THE MATTER OF THE ESTATE OF

CASE NO. ESPR013591 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTORS, MARIE E. JACOBO, Deceased AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of Marie E. Jacobo, Deceased, who died on or about February 16, 2024:

You are hereby notified that on August 1, 2025, the Last Will and Testament of Marie E. Jacobo, deceased, bearing date of August 7, 2009, was admitted to probate in the above named court and that Raymond Lopez and Rocio Linda Donna Herrera have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever barred.

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Dated June 25, 2025.

Raymond Lopez, Executor of Estate 2315 E. Mountain St. Pasadena, CA 91104 Rocio Linda Donna Herrera, Executor of Estate 1446 19th St. Des Moines, IA 50314

Attorney for Executors Jordan, Oliver, Walters & Smith, P.C. 101 1/2 W. Jefferson Winterset, Iowa 50273 Date of second publication: August 13, 2025

Mark L. Smith, ICIS#: AT0007354

Estate Notice

IN THE MATTER OF THE ESTATE OF KAY L. MURPHY, Deceased.

IN THE IOWA DISTRICT COURT FOR MADISON COUNTY PROBATE NO. ESPR013590 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF **CO-EXECUTORS, AND NOTICE** TO CREDITORS

To All Persons Interested in the Estate of Kay L. Murphy, Deceased, who died on or about July 23, 2025:

You are hereby notified that on August 1, 2025, the Last Will and Testament of Kay L. Murphy, Deceased, bearing date of March 25, 2020, was admitted to Probate in the above-named Court and that Thomas P. Murphy and David M. Murphy were appointed Co-Executors of the Estate. Any action to set aside the Will must be brought in the District Court of said County within the later to occur of four months from the date of the second publication of this Notice or one month from the date of mailing of this Notice to all heirs of the Decedent and Devisees under the Will whose identities are reasonably ascertainable, or thereafter be

Notice is further given that all persons indebted to the Estate are requested to make immediate payment to the undersigned, and creditors having claims against the Estate shall file them with the Clerk of the above named District Court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this Notice or one month from the date of mailing of this Notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

Winterset, Iowa 50273 • 515-462-2101

Dated August 1, 2025.

Thomas P. Murphy, Co-Executor of Estate 3141 120th Street Cumming, IA 50061 David M. Murphy, Co-Executor of Estate 103 Truman Road Anita, IA 50020

Jane E. Rosien, ICIS#: AT0006681 Attorney for Co-Executors Flander Rosien, P.C. 114 E. Jefferson Street P.O. Box 67 Winterset, Iowa 50273-0067

Date of Second Publication: August 13, 2025

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Estate Notice

THE IOWA DISTRICT COURT FOR MADISON COUNTY IN THE MATTER OF CASE NO. ESPR013588 THE ESTATE OF NOTICE OF PROBATE OF WILL, EVA MARIE SHORT, OF APPOINTMENT OF EXECUTORS,

To All Persons Interested in the Estate of Eva Marie Short, Deceased, who died on or about July 1, 2025:

You are hereby notified that on July 28, 2025, the Last Will and Testament of Eva Marie Short, deceased, bearing date of March 5, 1990, was admitted to probate in the above named court and that Willard Randall Short and Richard K. Short have been appointed Executors of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be

Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred. Dated July 29, 2025.

Willard Randall Short, Executor of Estate 706 N. 4th Avenue Winterset, IA 50273 Richard K. Short, Executor of Estate 24218 W. McDonald Ct. Shorewood, IL 60404

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Mark L. Smith, ICIS#: AT0007354 Attorney for Executors Jordan, Oliver, Walters & Smith, P.C. 101 1/2 W. Jefferson Winterset, Iowa 50273 Date of second publication: August 13, 2025

