

HEALTH PAGE

HEALTHY LIVING - BODY & MIND - LIVE HEALTHY

HEALTH

Incidence rates of some cancer types have risen in people under age 50

Despite increasing incidence rates, cancer deaths in young people have not increased overall.

BY NATIONAL INSTITUTES OF HEALTH (NIH)

Researchers at the National Institutes of Health (NIH) have completed a comprehensive analysis of cancer statistics for different age groups in the United States and found that from 2010 through 2019, the incidence of 14 cancer types increased among people under age 50. Of these cancer types, nine—including several common cancers, such as breast cancer and colorectal cancer—also increased in some groups of people aged 50 and older. However, the incidence of 19 other cancer types—including lung can-

cer and prostate cancer—decreased among people under age 50, so the total rate of all cancers diagnosed in both younger and older age groups did not increase, nor did the rate of cancer death. “This study provides a starting point for understanding which cancers are increasing among individuals under age 50,” said lead investigator Meredith Shiels, Ph.D., of NIH’s National Cancer Institute. “The causes of these increases are likely to be cancer specific, including cancer risk factors becoming more common at younger ages, changes in cancer screening or detection, and updates to clinical diagnosis

or coding of cancers.” The study appeared May 8, 2025, in Cancer Discovery- (link is external). Researchers examined incidence and mortality trends for 33 cancer types, including incidence data for 2010-2019 from CDC’s United States Cancer Statistics database, which includes cancer registry data that represent the entire U.S. population, and mortality data for 2010-2022 from national death certificate data. Data were analyzed in six age groups: three early-onset (15-29 years, 20-39 years, and 40-49 years) and three older-onset (50-59 years, 60-69 years, and 70-79

years). Incidence of 14 of the 33 cancer types increased in at least one of the younger age groups. Incidence of nine of these 14 types also increased in at least one of the older age groups: female breast, colorectal, kidney, testicular, uterine, pancreatic, and three types of lymphoma. Although death rates did not increase in early-onset age groups for most of these cancers, researchers did observe concerning increases in rates of colorectal and uterine cancers deaths at younger ages. Only five cancer types increased in incidence among one of the younger age groups but not among any of the older age groups: melanoma, cervical cancer, stomach cancer, myeloma,

and cancers of the bones and joints. To understand the magnitude of the increases in terms of absolute numbers, the researchers estimated how many additional people were diagnosed with early-onset cancers in 2019 compared with expected diagnoses based on rates in 2010. The largest absolute increases were seen for female breast cancer, with about 4,800 additional cases in 2019, followed by colorectal (2,100), kidney (1,800), uterine (1,200), and pancreatic cancers (500). Female breast, colorectal, kidney, and uterine cancers contributed to more than 80% of the additional early onset cancers in 2019. The researchers speculated that risk factors such as

increasing obesity may have contributed to some of the increases in early-onset cancer incidence in recent years. Changes in cancer screening guidelines, advances in imaging technologies, and increased surveillance of high-risk individuals may also have led to earlier cancer diagnoses, potentially contributing to rising rates among younger age groups. To more fully understand and address these increasing rates, the authors said that future studies should examine trends in early-onset cancers across demographics and geography in the U.S. and internationally. Additional research is also needed to better understand the risk factors that are particularly relevant to younger people.

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Maribeth Christensen
SENIOR LIFE SOLUTIONS THERAPIST

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CARROLL COUNTY AUDITOR		
BOARD OF SUPERVISORS OFFICE • CARROLL, IOWA MONDAY, APRIL 28, 2025		
The Board of Supervisors of Carroll County, Iowa met in regular adjourned session in the Boardroom of the Courthouse, in Carroll, Iowa, the County seat of said County on Monday, April 28, 2025 at 9:00 a.m. Daylight Saving Time pursuant to law, the rules of said Board and to the adjournment with all members present: Scott Johnson, District 1; Mike Andersen, District 2; Eugene Meiners, District 3; Stephanie Hausman, District 4; and Mark McCrea, District 5.		
Motion by Hausman, second by McCrea to approve the agenda as presented. On roll call, all voted aye. Motion by Meiners, second by Hausman to approve the minutes of the April 21, 2025, meeting as written. On roll call, all voted aye, except for Andersen who abstained.		
At 9:01 a.m. the chair opened a public hearing for a zoning change request to rezone the following parcels:		
a. 06-15-476-008: Currently City of Carroll Zoned I-2, proposed Carroll County I-2		
b. 06-14-200-014: Currently City of Carroll Zoned RB-1, proposed Carroll County A-1		
c. 06-11-400-007: Currently City of Carroll Zoned B-2, proposed Carroll County B-2		
d. 08-30-100-001, -.002, -.004, -.005, -.008, -.009, -.010 08-30-300-001, -.004, -.012, -.013, -.017, -.018: Currently City of Glidden Zoned RS, proposed Carroll County A-1		
e. 07-25-200-002, -.006, -.007, -.008		
f. 07-25-400-008: Currently City of Glidden Zoned LI, proposed Carroll County I-2		
The Carroll County Zoning Commission recommended the Supervisors approve the zoning change. One public comment was received from Leon Wernimont who requested all the property in the prior 2-mile zoning area go to ag instead of any other zone and then have property owners request to have the areas rezoned. Hearing no additional comments, the chair closed the public hearing at 9:02 a.m. Motion by Andersen, second by McCrea to approve the zoning change request. On roll call, all voted aye.		
Motion by Meiners, second by Hausman to approve drainage repairs in Drain 60 Section 36 Sheridan Township and Drain 38 Section 26 Sheridan Township. On roll call, all voted aye.		
County Engineer Zac Andersen reviewed the FY26 Iowa Dot 5 Year Program and Budget.		
Motion by Meiners, second by Hausman to approve the FY26 Iowa DOT 5 Year Program and Budget. On roll call, all voted aye. Andersen provided an update on crack filling project, asphalt projects, and equipment auction.		
Motion by Hausman, second by Meiners to approve payment of payables as presented. On roll call, all voted aye.		
GENERAL BASIC		
Employer's Share F.I.C.A.	\$15,359.50	
Employer's Share I.P.E.R.S.	20,209.53	
GENERAL SUPPLEMENTAL		
Employer's Share F.I.C.A.	15,764.79	
Employer's Share I.P.E.R.S.	19,488.71	
RURAL SERVICES		
Employer's Share F.I.C.A.	3,566.77	
Employer's Share I.P.E.R.S.	4,118.71	
SECONDARY ROAD FUND		
Employer's Share F.I.C.A.	13,174.89	
Employer's Share I.P.E.R.S.	17,000.50	
DISASTER SERVICES		
Employer's Share F.I.C.A.	295.97	
Employer's Share I.P.E.R.S.	395.18	
Motion by Meiners, second by Andersen to approve a Resolution for Interfund Operating Transfer of \$1,401,720 from Rural Services Fund (0011) to Secondary Roads Fund (0020). On a roll call vote, Andersen, aye; Hausman, aye; Johnson, aye; Meiners, aye; McCrea, aye. Motion carried unanimously. (Resolution on file in the Auditor's Office)		
Motion by Meiners, second by McCrea to approve a Resolution for Interfund Operating Transfer of \$142,500 from General Basic Fund (0001) to Secondary Roads Fund (0020). On a roll call vote, Andersen, aye; Hausman, aye; Johnson, aye; Meiners, aye; McCrea, aye. Motion carried unanimously. (Resolution on file in the Auditor's Office)		
The Board reviewed a quarterly report for the Recorder's Department. \$32,438.57 in which fees were collected for Carroll County, and an additional \$77,327.99 was remitted to the State of Iowa. Motion by Hausman, second by Andersen to approve the Recorder's quarterly report. On roll call, all voted aye. (Report on file in the Auditor's office.)		
Motion by Andersen, second by McCrea to approve a Class C Retail Alcohol License for Carroll Iowa Golf LLC. On roll call, all voted aye.		
Board reviewed manure management annual updates for Denis Heithoff #1 South in Section 7 Pleasant Valley Township, Denis Heithoff #2 North in Section 7 Pleasant Valley Township, and 746 Woodford Creek Farms in Section 13 Union Township.		
Hausman reported on calls received. Upcoming Wesco Board meeting.		
Andersen reported on Conservation Board meeting. No upcoming meetings.		
Johnson reported on Maple River Wastewater meeting, radio/newspaper interviews, road hazard on railroad tracks, OPIOID Committee, Carroll County Growth Partnership meeting, Carroll County Growth Partnership Board meeting, discussion with County Attorney, discussion with County Sheriff, call regarding zoning, review payables, Roads equipment auction, ISAC 99 County visit, closed session discussion, YES Center Board meeting, discussion with ISAC Legislative team, Legislative Forum, Manning Recovery Center request, and Ambulance state inspection. Upcoming meetings include Carroll City Council and Chamber Coffee.		
Meiners reported Maple River Wastewater meeting, Carroll County Growth Partnership meeting, Carroll County Growth Partnership Board meeting, Policy Council meeting, YES Center Board meeting, discussion with ISAC Legislative team, Legislative webinar, and discussion with County Engineer. No upcoming meetings.		
McCrea reported on Conservation tour and Chamber Coffee. Upcoming meetings include Stop the Bleed and radio/newspaper interviews.		
Motion by Hausman, second by Andersen to adjourn at 9:43 a.m. On roll call, all voted aye.=		
Kourtney Payer, Auditor	Scott Johnson, Chairperson	
VENDOR PUBLICATION REPORT		
Vendor Name	Payable Description	Total
		Payments
ACCESS SYSTEMS LEASING	AMBL-COPIER LEASE	\$204.21
AL'S CORNER TANK WAGON	SHOP FUEL	\$18,425.37
AMAZON CAPITAL SERVICES	SUPPLIES	\$811.48
AMY FERNEDING		
ICEOO SPRING MEETING - MILEAGE/REGISTRATION		\$99.24
ANTONIA LIETZ	VA-MILEAGE	\$98.82
AT&T MOBILITY	EMA-MOBILE AIRCARD	\$41.27
BLAKE GRAY	ME EXAM	\$480.00
BOKF, NA., JAIL/SICS PRINCIPAL & INTEREST/FILING FEE		\$917,550.00
BOMGAARS	CONS-PARK REPAIRS	\$523.44
BOMGAARS	WEED SPRAY	\$1,714.15
BOUND TREE MEDICAL LLC	MED SUPPLIES	\$5,864.49
BREDA FEED & GRAIN	CONS-FEED	\$277.83
CALHOUN COUNTY SHERIFF	SHERIFF FEES	\$96.60
CARROLL CLEANING SUPPLY		
	CONS-HARDWARE SUPPLIES	\$1,040.71
CARROLL COUNTY AUDITOR	MC-APR25 INTEREST	\$178.56
CARROLL COUNTY SHERIFF	SHERIFF FEES	\$385.50
CARROLL COUNTY SOLID WASTE	SHER-TIPPING FEES	\$35.72
CARROLL UTILITIES	UTILITIES	\$322.09
CASEY BRUCH	TREAS-MILEAGE	\$111.02
CENTRAL IOWA DISTRIBUTING		
	AMBL-CUSTODIAL SUPPLIES	\$167.00
CENTURY LINK	E911-TELEPHONE	\$33.95
CERTIFIED LABORATORIES	DRI-LUBE - AEROSOL	\$582.95
CHASE CARD SERVICES	CONS-PARK REPAIRS	\$1,072.27
CITY LAUNDERING	SAFETY COMM-MED CHEST REFILLS	\$722.19
CITY OF DEDHAM	UTILITIES	\$62.00
CITY OF LIDDERDALE	UTILITIES	\$58.00
COON RAPIDS MUNICIPAL	UTILITIES	\$170.71
COUNTRY MEATS INC.	JAIL-INMATE FOOD	\$593.00
CRAIG MALONE	SANI-WELL CLOSING	\$700.00
D/R ELECTRIC INC	CCTH-CHANGE TUBES IN POP MACHINE	\$70.00
DAHN & WOODHOUSE FUNERAL HOMES INC		
	GA-CREMATIION	\$1,500.00
DALLAS CHARGO	COMM CTR-MILEAGE	\$108.58
DMF BAIT CO	CONS-CONCESSION	\$71.25
DREES CO	ECOWATER SYSTEMS	\$88.00
DSM HOIST, INC	CHAIN SLING	\$1,737.33
DUPACO COMMUNITY CREDIT UNION		
	SAFETY TRAINING SUPPLIES	\$201.61
FELD FIRE AMBL-VEHICLE REPAIR/LIGHTS/AUTO REJECT		\$657.80
FOUNDATION ANALYTICAL LABORATORY		
	MR-WASTEWATER COMP	\$34.50
GRONEWOLD, BELL, KYHNIN & CO. P.C	FY24 AUDIT WORK	\$4,000.00
HOLY ANGELS CEMETERY	VA-GRAVE MAINTENANCE	\$128.00
ICIT	GIS-ITAG REGISTRATION	\$600.00
INTOXIMETERS INC	SHER-OWI TESTING SUPPLIES	\$415.00
IOWA COUNTY RECORDERS ASSOCIATION		
	REC-SUMMER CONFERENCE	\$200.00
IOWA DEPT OF PUBLIC SAFETY		
	COMM CTR-IOWA ONLINE WARRANTS	\$1,782.00
IOWA DES MOINES SUPPLY INC.		
	CTH-PAPER TOWELS/TOILET PAPER	\$887.11
IOWA LAW ENFORCEMENT ACADEMY		
	SHER-DRIVING INSTRUCTOR COURSE	\$625.00
IOWA MEDICAID ENTERPRISE		
	AMBL-IOWA GEMT PMT PROGRAM/MAY	\$3,624.13
IOWA PRISON INDUSTRIES	E911-SIGNS	\$286.00
IOWA STATE COUNTY TREASURER ASSOCIATION		
	TREAS-MAY CONFERENCE	\$150.00
JAMIE WUEBKER	AMBL-UNIFORMS/PANTS/BOOTS	\$361.84
KASPERBAUER CLEANERS INC	RAGS/RUGS	\$96.71
KEITH CHANDLER	AMBL-INSURANCE REFUND	\$156.24
KH RENTALS LLC	GA-CLIENT RENT/MARCH	\$450.00
KOURTNEY PAYER	AUD-TENEX MTG	\$92.48
MANNING MUNI UTILITIES		
	MANNING/TEMPLETON UTILITIES	\$323.49
MARTIN BROS DISTRIBUTING CO INC.	JAIL-INMATE FOOD	\$1,749.91
MASTERCARD	SUPPLIES	\$210.11
MEGAN OWEN		
	PSF BUILD/LOWER LEVEL-APRIL CLEANING	\$400.00
MIDAMERICAN ENERGY	ELECTRIC	\$4,658.69
MIDWEST WHOLESAL	CTH-BLDG SUPPLIES	\$176.36
MUNICIPAL COMMUNICATIONS UTILITY	MAY TOWER LEASE	\$750.00
NORRIS ASPHALT PAVING CO. LC		
	N36 MAINTENANCE VOUCHER #2	\$132,759.71
PERFORMANCE TIRE & SERVICE		
	CONS-PARTS AND REPAIRS	\$856.50
PERRY GROSS	GA-CLIENT APRIL RENT	\$450.00
PLUNKETT'S PEST CONTROL	CTH-PEST CONTROL	\$186.96
PRENGER'S SLUMBERLAND	AMBL-RECLINERS	\$1,379.98
PROGRESSIVE STRUCTURES, LLC		
	BROS-C014(173)-8i-14 #1	\$2,686.90
QUANDT AUTO SALVAGE	#18 RADIO	\$62.00
RACCOON VALLEY ELECTRIC COOPERATIVE	ELECTRIC	\$429.09
RICHARD DENTLINGER	GA-CLIENT RENT/APRIL	\$450.00
ROSEANNA SCHULTE	TREAS-MILEAGE	\$111.39
SAINT AUGUSTINE CHURCH	VA-GRAVE MAINTENANCE	\$256.00
SECURE SHRED SOLUTIONS	DHS-SHREDDING	\$82.00
SOPPE CHIROPRACTIC CLINIC	DRUG COLLECTION	\$160.00
STONE PRINTING	SHER-LETTERHEAD	\$206.99
TAYLOR WATER TECHNOLOGIES LLC		
	SANI-POOL CHEMICALS	\$108.03
TEMPLETON TELEPHONE CO	E911-TELEPHONE	\$289.68
TROPHIES PLUS	CTH-SIGNAGE	\$35.00
UNITED RENTALS	BOX RENTAL	\$19,827.00
UNITED STATES CELLULAR	CONS-CELL PHONE	\$478.91
UNITYPOINT HEALTH	AMBL-BLS CARDS	\$56.00
VB-S1 ASSETS LLC	MAY TOWER LEASE /CR	\$2,222.88
VERIZON WIRELESS	CELL PHONE	\$739.13
VISA-DUPACO COMMUNITY CREDIT UNION	SUPPLIES	\$4,423.13
WAL MART COMMUNITY	CONS-ENV ED	\$58.09
WESTERN IOWA POWER COOPERATIVE		
	HALBUR UTILITIES	\$162.54
WESTERN IOWA TECH COMMUNITY COLLEGE		
	AMBL-EDUCATION	\$25.00
WHATCOM COUNTY SHERIFF	SHERIFF FEES	\$100.00
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